February 2022 ECHOES



championhills.com | @ChampionHillsCommunity | 828.696.1962

IMPROVEMENTS ARE AFOOT! BY GENERAL MANAGER, DANA SCHULTZ

As we move into February, I wanted to share some updates with you as we all continue with our list of improvement projects.

SOFTWARE TRANSITION

We are currently in a transition with our new software program, Jonas, which covers our Member website portal and Point of Sale for Accounting, Golf, Food & Beverage, and Wellness. We will be sending out information on how to log in and utilize the system in February.

NEW ENTRY SYSTEM IN WELLNESS

The new cloud-based door entry system, Openpath, will be installed at the Wellness Center and Pool in the middle of February and ready for use in March.

CLUBHOUSE UPGRADES

To be completed on or before the end of February, these upgrades include refinishing the wood floors, new carpet in the Fazio Pub, new counter top & sinks in the Fazio Pub restrooms, deep clean of all floors, kitchen and storage shed and exterior window washing.

PICKLEBALL

Pickleball is on track to begin in March with the grading and asphalt installation. We look forward to a sporty ribbon cutting event to kick off the Summer Season.

HOLE #5 BEAUTIFICATION & INFRASTRUCTURE PROJECT

The Hole #5 Beautification & Infrastructure Project has kicked off and you can see by the photo below that the rock wall installation is moving along. The beautification project encompasses the rock wall, several native plantings and a water fall feature so your drive into Champion Hills will be picturesque and memorable. This project is led by the Club, and the POA has agreed to pay a portion of this through their community

enhancement fund as we all understand the impact this has on your first impression to our community. The infrastructure project between Holes 5 & 6, as Alan explained in his email on January 13, involves the last three hundred feet of drainage pipe that feeds into the pond, as well as the drainage pipe that allows water to



exit the pond. This pipe has become compromised resulting in the undermining of these pipes and the sink hole that is exposed. We have hired the same company who completed the work to the right of the cart path on Hole #7 and they will begin in March.

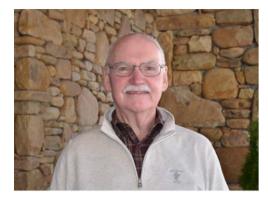
MUSIC EVENT

We are all busy planning for an eventful 2022. A few local events that we are looking forward to seeing back this year include the Hendersonville Youth Symphony on Monday, April 4 and the Brevard Music Center Gala on Monday, June 27. More information to come on those for our music fans.

Take care, Dana Schultz, PGA

MEET THE CLUB BOARD PRESIDENT: PAT CAFFERTY A LEADER. A LOGICAL THINKER. A LEFT-HANDED GOLFER.

An analytical mind should be put to good use! Thankfully, Pat Cafferty, the new Champion Hills Club Board President, has been putting his problem-solving skills to good use over the last 45 years of his career as an Environmental Lawyer. He will now have the ability to continue exercising his strengths in his new position on the Club Board. Cafferty "not only do I have experience solving problems and working with people, but even more importantly, I enjoy solving problems and working with people!"



Cafferty was born in New York City, but grew up in New Jersey. Afterwards, he moved with his wife, Eileen, to the DC area where he began his legal career with the Department of Justice. They later relocated to San Francisco where he entered private practice and lived there until late 2018. In 2008, the Caffertys purchased a home in Champion Hills and now live here full time where Pat is able to practice law from time to time and still enjoy an afternoon on the course. Last year, he was encouraged by several members to run for Club Board and then subsequently President. Cafferty views his position as an opportunity to give back to the community that has provided him with such a wonderful experience.

Now semi-retired, Pat is not only the Club Board President for Champion Hills, but he is also on the board and the incoming president for Conserving Carolina, a non-profit land trust based in Western North Carolina. One project that he is especially proud of is the creation of the Ecusta Trail where Conserving Carolina is converting the rail corridor from Hendersonville to Brevard in to a walking, biking, and hiking trail accessible to all members of the community and that will serve as an attraction for visitors to Western North Carolina.

It is not all work no play, however, as Cafferty does try to play golf between 3-4 times a week! One of the largest Champion Hills selling points was the ability to live on the golf course, just minutes from the first tee. When asked what he loved about the course, Cafferty stated, "It's the natural beauty. That was the thing that really caught our eye. The golf course is, in my opinion, the most beautiful course that I've ever seen – I have seen a lot of courses, and I like this one the best!" Pat is one of the few golfers who chooses to walk to course, maybe it has something to do with him being left-handed. "I was concerned when I first saw the course that I wouldn't be able to walk it because of the hills and some distance between the tees. Although, it's a vigorous walk, it is both possible and fun to do."

When it comes to goals that Cafferty has as the Champion Hills Club Board President, there are many projects that he would like to accomplish, but his top priorities at the moment are:

- 1. Ensure that we successfully implement our two most important capital improvements this year the Hole #5 Beautification Project and the addition of pickleball courts.
- 2. Ensure the club is able to maintain the "jewel of our community: our golf course" and, at the same time, support the enhancement of the dining experience for all members.
- 3. Collaborate with the POA on the annexation project and a study of the options for replacing or rehabilitating the turf center.

Be sure to say hello to Mr. Pat Cafferty the next time you see him in the Champion Hills Clubhouse or when he is out walking the course!



LAST MONTH'S WINNERS: Congrats to the Holcomberts! Karen Gilbert & Thea Sommer, Stuart & Margie Holcombe

TRIVIA NIGHT

February 2

Want to join in on the fun and show off your knowledge?

Reserve your team a table today!

To do so, please contact Shelly Metcalf at ShellyM@ChampionHills.com



FRIDAY NIGHT FEAST OF ST. VALENTINE February 11

Love is in the air! Enjoy this season with a fantastic meal at Champion Hills and a live performance by Dean's Duets in the Mountain View Room.

DARK CHOCOLATE DAY February 1

Enjoy delicious dark chocolate in the Champion Hills Clubhouse from Noon - 2 PM.





SUPERBOWL 55 CELEBRATION February 13

Enjoy a day at play with a Golf Scramble and a Super Bowl Buffet! Regardless of who you are rooting for, we invite you to spend the Super Bowl at Champion Hills.

Visit chmember.com to register for these events today



COPPER CANE WINE DINNER February 16

Crafted for a touch of luxury, offerings from the Copper Cane wine portfolio will be paired perfectly with each course of this dining experience.

CHILLY CHALLENGE February 23

After the 18-Hole Golf Event, enjoy a delicious Chili Buffet! There will be a variety of chilis to choose from and toppings to make your bowl perfect.

Champion Hi	Ils L
Chilly	
Challenge FEBRUARY 23	

OUTSIDE THE COMMUNITY

17TH ANNUAL GROUNDHOG DAY CELEBRATION February 2

This fun event includes our resident groundhog seeking his shadow, animal demonstrations with a few of his ambassador friends, and critter crafts.

ASHEVILLE CELTIC FESTIVAL February 19

An indoor/outdoor festival that keeps the Celtic spirit alive with live music, traditional food and drink, kilts and accessories, historic seminars, Celtic crafts and gifts for sale, armored sword fighting, Scotch tasting, and more!

FROSTBITE RACES February 20

This in-person running event (with a virtual option) offers a 5K, 10K, and 1 Mile Fun Run, so there's something for the entire family.

BLUE RIDGE ORCHESTRA CONCERT: NORTHERN LIGHTS February 27

The Blue Ridge Orchestra performs "Northern Lights", a Nordic-inspired ode to winter, featuring the works of Sibelius, Nielson, Grieg, and Hanson.

WINTER RECIPE FROM CHEF BLAKE

With cold weather season upon us, this is a great at home adaptation to a classic comfort dish that is always a crowd favorite, Chicken Pot Pie. If you're pressed for time, you can always substitute 3-4 cups shredded rotisserie chicken in place of the chicken thighs, but the depth of flavor and texture of the meat from the bone in chicken thighs is definitely worth the extra effort. This is sure to warm you up for the winter months ahead. Enjoy!

CHICKEN POT PIE WITH BISCUIT TOPPING

3 Bone-in Chicken Thighs
6 oz All Purpose Flour
4 oz Unsalted Butter
4 Cups Chicken Stock
1/2 Cup Heavy Cream
2 Each Yellow Onion, Small Diced
½ Frozen peas
½ Pound Bag of Carrots, Medium Diced
½ Pound Bag of Yukon Gold Potatoes, Medium Diced, Cooked in Salted Water until Tender and Cooled
4 oz Parsley, Chopped
Salt and Pepper as Needed
1 Can Refrigerated Biscuit Dough



CHICKEN THIGHS (PREP AHEAD, UP TO 2 DAYS, TO ALLOW IT TO COOL BEFORE DICING)

Pre heat oven to 400°F.

Season chicken thighs and sear skin side until golden brown.

Transfer to baking sheet, and roast skin side down 15 mins, flip and roast 10 more till done (165 at thickest part). Remove and cool.

When chicken is cooled, pull meat from skin and bones and chop into large dice, reserve Lower oven to 325°F.

FILLING PREPARATION

In heavy bottom Dutch oven or medium stockpot, heat butter until melted over medium heat, and sweat onions until translucent. Add carrots and sauté 10 minutes until tender. Add and pinch of salt and pepper, then add flour gradually and stir to make a smooth roux. Cook 2 minutes, stirring frequently to combine.

Add in cool chicken stock and heavy cream, whisking consistently as you bring up to a boil. Reduce heat and simmer 20 mins to combine flavors and thicken. Add potatoes, peas, parsley, and cooked chicken. Stir to combine. Adjust seasoning with salt and pepper. Spoon filling into a greased 9x13 baking dish and top with biscuit dough. Brush with melted butter and bake at 325 for 20-25 minutes until biscuits are golden brown.

A WINTER OF WINE DINNERS

HARP AND VINES: SURPRISE WINE DINNER



SPANISH WINE DINNER





ITALIAN WINE DINNER



BATTLE OF THE BAY WINE DINNER







As the evenings get cooler, the Members of Champion Hills have indulged their senses with several wine pairing experiences.

To kick off the chilly season, Champion Hills surprised its Members with a live harp performance by Member, Kay Jollay, and an astonishingly fantastic assortment of wines.

With a beautiful sunset as a backdrop, our Members delighted in the fine flavors of a Spanish-inspired meal while tasting Spain's finest wine imports.

Spain was not the final destination on our world traveling dining experience! The Italian Wine Dinner featured a dinner prepared to perfection and a carefully chosen vino to accompany each bite.

Members of Champion Hills were tasked with the difficult duty of deciding which Californian bay produces the finest wines. Thankfully for them, there were no wrong answers!

Thank you to all who have attended these culinary experiences. We look forward to hosting many more in the future!

COPPER CANE WINE DINNER FEBRUARY 16



-Menu-

GOAT CHEESE "TRUFFLES" AMUSE

Cracked Black Pepper & Truffle Oil Toasted Pistachios & Dried Cherries *Pairing: Steorra Brut*

BAKED SCALLOP AU GRATIN

Jumbo Scallops with Garlic, Parsley, Shallots, Parmesan & Prosciutto, Creamy Lemon White Wine Sauce *Pairing: Elouan Chardonnay*

HOISIN SWEET CHILI STICKY SPARE RIBS

Crispy Glazed Pork Ribs, Szechuan Roasted Mushrooms, Cilantro, Toasted Sesame *Pairing: Böen Pinot Noir*

HICKORY NUT GAP FLAT IRON STEAK

Toasted Kamut Risotto, Smoky Green Beans, Bacon, Balsamic Demi-Glace *Pairing: Belle Glos Balade Pinot Noir*

DARK CHOCOLATE MOUSSE PARFAIT

Dark Chocolate & Vanilla Mousse, Hazelnut Chiffon Cake, Chambord Chantilly Cream *Pairing: Quilt Cabernet Sauvignon*

GOLF NEWS

ALL OF THE HOLES IN ONE FOR 2021:

- 4/11 Mike Corbett at Hole #2 with a Pitching Wedge from 120 yards
- 5/09 Pat Petillo at Hole #9 with a 5-Hybrid from 111 yards
- 5/20 Lee Weber at Hole #9 with a 9-Iron from 116 yards
- 5/22 Paul Kays at Hole #2 with an 8 Rescue from 118 yards
- 6/19 Steve Anderson at Hole #2 with a Gap Wedge from 122 yards
- 7/06 Scott Ogden at Hole #11 with a 7 Wood from 185 yards
- 7/22 Carol Kemp at Hole #4 with a 6 Hybrid from 118 yards
- 7/25 Don Morrison at Hole #2 with a Pitching Wedge from 117 yards
- 8/11 Odette Coluccelli at Hole #4 with a Driver from 120 yards
- 8/14 Karen Zwecker at Hole #2 with a 4-Wood from 97 yards
- 10/10 Lisa Gray at Hole #4 with a 7-Iron from 124 yards
- 10/16 Dale Anderson at Hole #11 with a 5-Hybrid from 185 yards
- 11/10 Mary Merritt at Hole #14 from the tee with a Driver from 144 yards
- 11/24 Craig Alper at Hole #4 with a 6-Hybrid from 150 yards
- 12/01 Herb Miller at Hole #2 with a 9-Iron from 120 yards

DID YOU KNOW?

Before 2021, in the history of Champion Hills there have only been 3 recorded instances of one of our female Members making an albatross.

Congratulations to Mrs. Mary Merritt for adding your name to this very impressive list!

Hole #2 was the most popular spot to get a hole in one in 2021!

CLUB REGRIP SPECIAL FOR FEBRUARY

When was the last time you replaced your grips on your golf clubs? If your grips are worn out, have become slick and lost traction, have hardened, are leaving dark residue on your glove, or are cracking, then it's definitely time to replace them. Having worn out grips can cause you to squeeze the club tighter, which inhibits a complete backswing, and will cause you to lose distance and accuracy.

There are many factors that can change the lifespan of your grips, weather, how frequently you play, rings on your fingers, or how tightly you hold the club. A general rule of thumb is to replace grips every 40-50 rounds, 30-40 rounds if you are spending a lot of time hitting balls at the practice range.

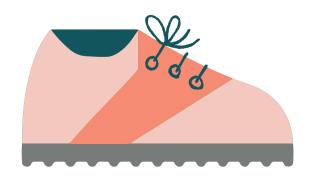
New grips are inexpensive compared to other equipment changes and can instantly improve your game by removing all of your hand tension, thus giving you back control of your swing.

For the month of February, we will be offering a special on new grips. If you purchase 1 to 6 grips, each grip will be \$1.00 off. If you purchase more than 6 grips, each grip will be \$1.50 off. If you replace 14 clubs, that is a savings of \$21 dollars!!! Please stop by the golf shop to make your selection and be prepared to shoot lower scores.

SHOE SHINE & SPIKE REPLACEMENT SERVICE AVAILABLE

As a reminder, our locker room attendant, Bill Vegeler, is available for shoe service on Tuesday, Thursday and Saturday mornings. Shoe shines are \$5 and spike replacements are \$15. This is a great time to get ready for the season!

FEBRUARY SPECIAL: ALL SHOE SHINES WILL BE \$3!



TIP FROM THE PRO | PUTTING AVERAGES

By Scooter Buhrman

How many putts do you average from 4 feet away from the hole? 8 feet? 30 feet? It is important to understand nearly 45% of your total strokes take place on the greens, regardless of skill level. Check out the charts below to see PGA Tour averages from different distances in 2019. Even the Pros don't make them all!

Distance (feet)	One putt probability	Three putt probability	Tour Average putts
2	99%	0.0%	1.01
3	96%	0.1%	1.04
4	88%	0.3%	1.13
5	77%	0.4%	1.23
6	66%	0.4%	1.34
7	58%	0.5%	1.42
8	50%	0.6%	1.50
9	45%	0.7%	1.56

Distance (feet)	One putt probability	Three putt probability	Tour Average putts
10	40%	0.7%	1.61
15	23%	1.3%	1.78
20	15%	2.2%	1.87
30	7%	5%	1.98
40	4%	10%	2.06
50	3%	17%	2.14
60	2%	23%	2.21
90	1%	41%	2.40

FEBRUARY IS HEART MONTH! by Wellness Director, Mackenzie Jones

Often considered to be a condition for the older generation, heart disease and other associated illnesses are on the rise across all age groups. That is why Heart Month is so important to us all. It is a fantastic opportunity to find out more about the warning signs and symptoms as well as the things that we can do in our ever day lives to mitigate risk to our hearts.

Obesity, alcohol, smoking and high blood pressure are all things that people of all ages are affected by but yet are all things that we can do something about. The best way to stay healthy is having a smart lifestyle — especially as we get older! Here are a few fun activities you can engage in during American Heart Month to make sure you're keeping your lifestyle healthy.

GET MOVING

Aerobic physical activity or cardio is a great option for seniors looking to boost heart health. And the best part? You don't have to jog! Cardio as easy as a 20minute afternoon walk. Just remember to speak to your doctor before you start an exercise program.

SPEND TIME WITH YOUR PET

Pets have been proven to reduce stress, which is one of the leading causes of heart health problems. Pet owners demonstrate lower blood pressure, cholesterol, and triglyceride levels, which reduces their risk of heart attack. During American Heart Month, give your pet extra cuddles, take a walk for some aerobic physical activity, or adopt a furry friend. Your heart will definitely appreciate it.



VORDS ON VELLNES

TREAT YOURSELF TO SOME CHOCOLATE

Believe it or not, one of the yummiest ways to improve your heart health is by eating chocolate. Although nutritionists agree that dark chocolate has the most health benefits, there is a study showing that all kinds of chocolate may help lower your risk of heart problems. If dark chocolate is your favorite sweet treat, you're in luck. Dark chocolate contains less sugar, a higher ratio of cocoa, and more antioxidants. Eating chocolate helps you balance your cholesterol.

HAVE A LAUGH

Laughter tends to reduce blood pressure and a sense of humor is even better for your health. There is research showing the greater your sense of humor is, the lower the risk you have of developing heart disease. Laughing at humorous things also helps battle against distressing emotions like depression, anxiety, and anger, all of which increase the likelihood of heart problems. The saying "Laughter is the best medicine" truly does hit home with this heart healthy activity.

EAT BREAKFAST EVERY DAY

We've all heard that breakfast is the most important meal of the day, but it turns out that this morning meal can help you for years to come. A study of over 4,000 participants found that those who get less than five percent of their daily calories from breakfast were more likely to have clogged and damaged arteries than those who eat a high-energy breakfast Grab your fresh fruit, whip up some eggs, and improve your heart health with a tasty breakfast every day.

GET A GOOD NIGHT'S SLEEP

Blissful, uninterrupted sleep is a necessary activity we all enjoy after a long day. You wake up feeling rested and energized after a good night's sleep and your body benefits from it, too. Not getting enough sleep can lead to negative side effects. According to a 2017 study of nearly 13,000 adults, researchers found that those experiencing poor sleep had a 71% higher risk of ischemic heart disease and a 45% higher risk of stroke. There's an easy solution, folks. Get those eight hours of shut eye and you'll improve your heart health, as well as your memory and concentration.

There's no better time to start taking care of your health than during American Heart Month. It doesn't have to be a chore either. Improve your heart health with these fun activities that can help you be healthier and happier for the years to come.

122 CHATOOGA RUN

Incredible value in Champion Hills! This great transitional mountain home has a welcoming rocking chair front porch, open floorplan, primary suite on main and spacious screened porch. The lower level has a family room and 2 guest suites plus an optional separate entrance. The outdoor space is just as wonderful with almost an acre of privacy that has a stream, walking trails, bridges, and picnic area. The extensive beautiful boulder work, stone terraces and low-maintenance landscaping are perfect for outdoor entertaining.



AREA CALCULATIONS

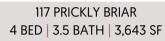
Main Floor Heated Living Area = 1,532 sq. ft. Lower Level Heated Living Area = 859 sq. ft. TOTAL HEATED LIVING AREA = 2,391 sq. ft. Attached Garage = 441 sq. ft. LL Unfin Strg & Crawl = 640 sq. ft. Screened Porch = 210 sq. ft. Covered Front Porch = 254 sq. ft. Flagstone Patio = 490 sq. ft. Side Patio = 26 sq. ft. LL Patio = 97 sq. ft. LL Side Patio = 16 sq. ft.

CHAMPION HILLS 2021 REAL ESTATE REVIEW

Another Record Breaking Year for Champion Hills!



501 HIGH CLIFFS 4 BED | 4 BATH | 7,004 SF





4 BED | 5.5 BATH | 4,955 SF

2021 RESIDENTIAL SALES:





Homes Sold: 43

Total sales volume: \$38,305,402

Average Sales Price: \$890,402

Average Price per Square Foot: \$234.41

Sale Price to List Price Ratio: 96.05%

> 1M+ Homes Sold: 11

2 M+ Homes Sold: 2

Luxury Sales Year Over Year: Up 44%

