

ECHOES

THE OFFICIAL NEWSLETTER OF CHAMPION HILLS

JANUARY 2023

championhills.com | [@ChampionHillsCommunity](https://www.instagram.com/ChampionHillsCommunity) | 828.696.1962



FROM THE GM'S DESK

As we start this exciting New Year, I want to first pause and again say thank you for making me feel welcome to Champion Hills and back to Western North Carolina. I look forward to my wife Stacey joining us this spring as we transition our family and dogs to our slice of heaven, better known as Champion Hills. Your hospitality has made this transition very comfortable for me. Additionally, I would like to again express my gratitude for your generosity to the employee holiday fund and the overall universal support for the great management team and employees of Champion Hills. It is a distinguished honor to be General Manager/COO of one the finest residential Clubs in Western North Carolina, and among the best in the state and nation.

Membership Update

2022 was a very solid year for membership sales. We sold 20 Golf Memberships last year, which is outstanding given the 2021 influx and above our average Golf Membership sales. We sold 8 Social Memberships and grew the Full Membership Equivalent to 255, which is above the budget goal of 251. The number of resignations was also down in 2022 from an average of around 23 to only 16.

It's wonderful to be able to welcome a fine group of new Members to our Champion Hills family in 2022. As we move into 2023, we're here to help you introduce your friends and family to be a part of our Champion Hills family. As strong as 2022 was, we are always looking to add new members to our Club. Do you know someone that would be a good fit in our corner of paradise? Reach out and we will arrange a special day for your friends/family and ensure they experience the best our Club and community has to offer. Please let me know if you have any candidates for either Golf or Social Membership and we will work hard to guarantee they get a great introduction to Champion Hills. Remember that if they join there is a financial incentive waiting for you! As always, we need your help to be successful. Remember: "It's Your Club, It's Your Future".

Food & Beverage Update

While 2022 had its challenges and bumps in the road for the Food & Beverage Department, we were able to assemble a new, solid team throughout the year. The events and dinners in November and December showed great improvement, and there were nights when the Club was back a buzz. Starting this month, we are rolling out a new lunch menu and we will have a new dinner menu in February. With the slowdown in dining due to members leaving for the winter, we will offer lunch service Tuesday – Saturday, dinner Wednesday – Saturday, Brunch and to-go dinners on Sunday. Our goal is to make Champion Hills one of your top choices for a meal.

In December, the Board approved new equipment to provide our kitchen an upgrade. We are confident this will help our staff take the dining experience to the next level for our Members and guests with shortened wait times, enhanced food consistency, less food waste and the flexibility to do both events and a la carte dining at the same time. The equipment will be ordered this month and we will keep you updated on its installation.

Clubhouse Update

As most of you are aware, the fire suppression system was recently replaced in the golf shop and locker room areas. However, the rest of the clubhouse system needs to be replaced to keep the building up to code and open to the membership. The Board will call a special meeting this month to present what we have learned over the past few months and the options going forward. We need your support, understanding and participation to approve and finish this critical replacement of the remainder of the fire suppression system.

My personal thanks and appreciation go out to everyone who contributes to the Club and community of Champion Hills. Without the support, hard work, volunteer work, and dedication of the residents, Members, employees and staff we would not have this beautiful place we call home. As always, please let me know if you have any suggestions for improvement or concerns about what is happening at Champion Hills.

See you around at the Club!

Alan Deck, CCM, PGA

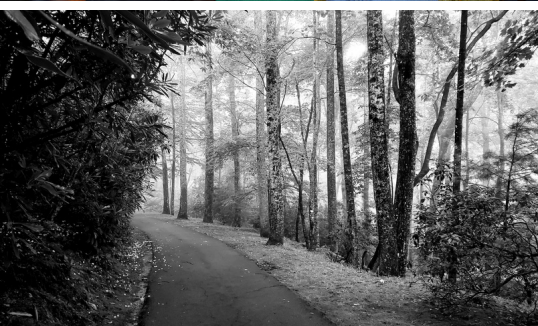
BIG NEWS!



Champion Hills' Clubhouse ranked 21st in Club + Resort Business' "Top Ranked Clubhouses" in the U.S. Champion Hills is the only North Carolina club represented on this prestigious list.

We are very excited about this honor!

[If you want to see the full list, please click here!](#)



DECEMBER



UPCOMING EVENTS



TRIVIA NIGHT

JANUARY 4 | 5:30 PM - 9 PM

Want to show off your knowledge? Reserve your team a table today! RSVP to Shelly Metcalf at shellym@championhills.com.



CHAMPAGNE BRUNCH BUFFET
JANUARY 8 | 11 AM - 2 PM



COMFORT FOOD CLASSICS TO-GO
SUNDAYS | 2 PM - 5 PM

MIXOLOGY CLASS

JANUARY 14 | 3:30 PM - 5 PM

What's a great way to spend a Saturday?
Learning how to make a series of perfect cocktails!



CHEF'S TABLE: BLIND MENU EVENT JANUARY 22 | 6 PM

Join Chef Sean for an intimate culinary adventure. Menu items will be specially designed for this event, with a wine pairing at each course to enhance the experience.
Space is strictly limited to 12 members.

Please note: we will not promote a menu for this event, we ask you come with an open palate. If you have any dietary restrictions, please let us know.

Visit chmember.com to learn more about these events!

STAY CONNECTED WHILE YOU'RE AWAY!

As you travel and explore the world this season, stay connected with your Champion Hills family through our "How Far Can You Go?" social media campaign.

Here is how to participate:

1. Be sure to pack your favorite CH logo shirt/apparel/item.
2. Take a photo of yourself with the CH logo wherever you travel.
3. Tag us on Facebook at @ChampionHillsCommunity and/or Instagram @ChampionHills telling us where you are traveling.

It's that simple! At the end of February we will award two winners:

1. Who traveled the farthest from the Champion Hills Clubhouse with their CH logo.
2. Most unique destination traveled with their CH logo.

All submissions must be submitted by February 15, 2023. Winners will receive a feature in the March Echoes and a complimentary gift basket. If you have any questions feel free to reach out to our Administrative Office. Safe travels!

OUR PREVIOUS WINNERS



Marion Donovan won the farthest traveled in 2020. She traveled to Antarctica with a total distance of 9,033 miles away!



The 2020 prize for the most unique trip went to the Keenans and Bravos. They took a trip to the "moon" at the Kennedy Space Station.

SO... HOW FAR CAN YOU GO?



SIDECAR

INGREDIENTS

- 1 1/2 oz. Cognac
- 3/4 oz. Cointreau
- 3/4 oz. Freshly Squeezed Lemon Juice
- Orange Garnish
- Sugar Rim (Optional)

INSTRUCTIONS

- Coat the rim of a coupe glass with sugar, if desired, and set aside.
- Add the cognac, orange liqueur and lemon juice to a shaker with ice and shake until well-chilled.
- Strain into the prepared glass.
- Garnish with an orange twist.

BLACKBERRY MARTINI

INSTRUCTIONS

Blackberry Syrup

- In a small saucepan combine 1 cup of sugar, 1 cup of water and 1 cup of blackberries.
- Bring to a boil, stir until sugar is dissolved and crush blackberries.
- Remove from heat and cool.

After syrup cools combine with vodka and lemon juice in a shaker filled with ice. Shake and strain into a chilled martini glass.

INGREDIENTS

- 1 1/2 oz. Vodka
- Splash of Lemon Juice
- 1/2 oz. Blackberry Syrup



2023 MAJOR TOURNAMENT DATES

The Hills Cup | May 3 & 4

Couples' Opening Day | May 7

Ladies' Opening Day | May 10

Memorial Day Mixed ABCD | May 29

Match Play | June 10-11

Queen Bee | June 20 & 22

4th of July Mixed | July 4

Club Championship | July 8 & 9

Employee Scholarship Event | July 14

Ladies' Member-Guest | July 19-21

Men's Member-Member | August 3-6

Ladies' 9 Hole Club Championship | August 10 & 11

Husband & Wife Championship | August 20

Labor Day Mixed | September 4

Ladies' Member-Member | September 26, 28 & 29

Ladies' Closing Day | October 3

Men's Closing Day | October 4

Men's Green Tee Cup | October 6

Couples' Closing Day | October 8

Men's Member-Guest | October 11-14

Winter Lesson Series is Back!

The professional staff will be offering a winter lesson series that will run December through February. The series will cover all aspects of the game or target a specific area.



Buy 3 Get 1 Free! Lessons can be redeemed anytime in 2023!



START THE NEW YEAR WITH A BASELINE HEALTH AND FITNESS ASSESSMENT

WHAT IS A FITNESS ASSESSMENT?

A fitness assessment evaluates your overall health and fitness through a series of fitness tests. It is conducted by a fitness professional. The test helps gain an insight into a person's level of fitness, endurance, body composition and general health. This information will help you to better achieve your fitness goals.

Your one-on-one assessment with TJ Vore will include fitness testing in all five components of physical fitness. Testing will take approximately one hour to complete.

For general health and fitness purposes, the tests are considered the starting point for designing and appropriate exercise program. They are meant to ensure you won't be at risk of harm and provide the trainer with the insights needed to establish clear and effective fitness goals.

Your testing will include an evaluation in these five categories:

1. Cardiovascular endurance testing measures how efficiently your heart and lungs work to supply oxygen and energy to your body during physical activity. This is a submaximal test and NOT a stress test. (OPTIONAL)
2. Body composition or BMI describes the different components that make up your total body weight, including your muscles, bones and fat. This test will identify your body density percentages.
3. Strength testing measures the maximal amount of force a muscle group can exert at one time.
4. Muscle endurance testing, by comparison, measures the length of time a muscle group can contract and release before it fatigues.
5. Measuring the flexibility of your joints is vital in determining whether you have postural imbalances, foot instability or limitations in your range of motion.

Once your testing is complete the information will be compiled into a personalized report. TJ will schedule a second appointment with you to review this data in depth.

Testing is by appointment only. Contact Mackenzie to reserve your preferred appointment time, first come first serve.

Available Appointments

Tuesday, January 3 | 3 PM 4 PM

Thursday, January 5 | 11:30 AM 12:30 PM 1:30 PM 2:30 PM 3:30 PM

Tuesday, January 10 | 2 PM 3 PM 4 PM

2023

HOUSING MARKET FORECAST

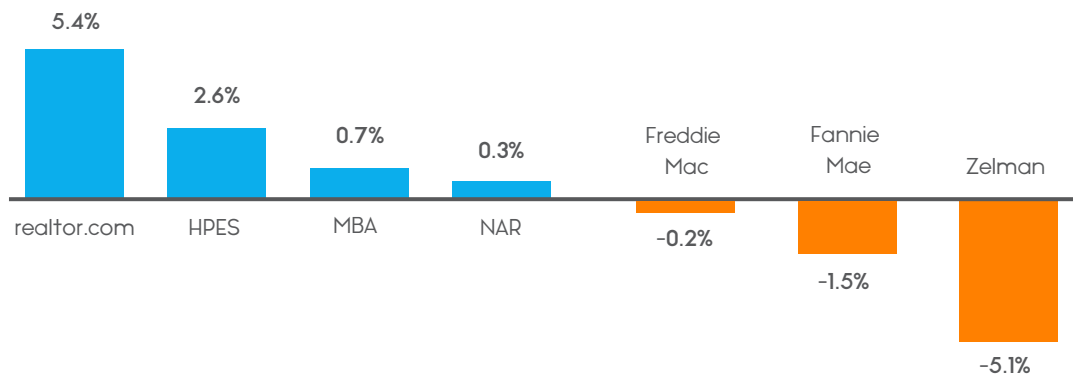


What does 2023 hold for the housing market?
Here's what experts have to say about what lies ahead.

HOME PRICE APPRECIATION WILL VARY

Some experts call for slight appreciation and some call for slight depreciation on a national level. In short, home price appreciation will vary by local market. It's all about supply and demand. But, the average is neutral price appreciation for the country.

LOCATION FORECASTS FROM EACH ENTITY



MORTGAGE RATES WILL RESPOND TO INFLATION

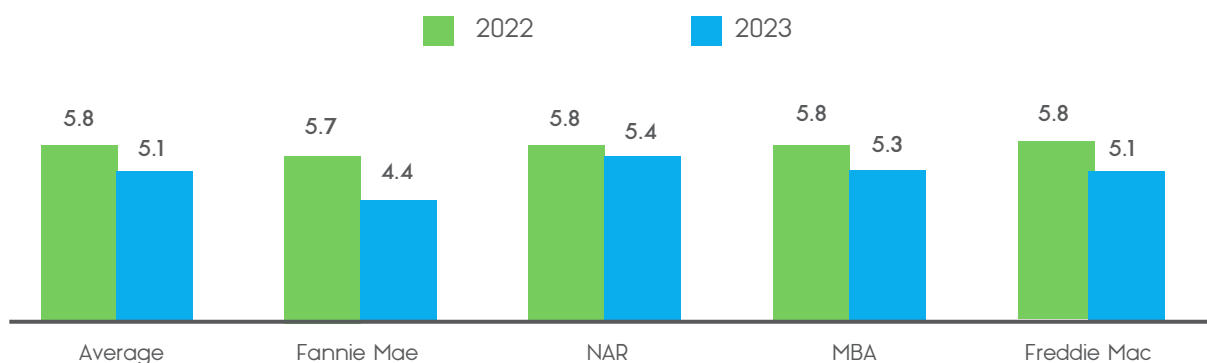
Where mortgage rates will go from here largely depends on what happens with inflation in the year ahead. "... mortgage rates could pull back meaningfully next year if inflation pressures ease." - Greg McBride, Chief Financial Analyst, Bankrate

HOME SALES WILL MODERATE

Home sales are projected to be lower than 2022 due to higher mortgage rates that have moderated buyer demand.

LOCATION FORECASTS FROM EACH ENTITY

In Millions



CHAMPION HILLS REAL ESTATE

176 CHATTOOGA RUN

\$1,250,000

UNDER CONTRACT IN 35 DAYS!



Details of the Property

- Built in 2008
- Square Footage - 3,755
- 3 Bedroom/3 Bath/2 Half Baths
- Open Layout
- Office on Main Level
- Hardi Plank Exterior & Trex Decking
- 4 Season Room with Fireplace
- Beautiful Mature Landscaping
- Meticulously Maintained

Interested in learning more?

Call our Real Estate Team for more details:

Mary Kay Buhrke: (828) 243-3346 | Amber Saxon: (828) 699-0171

LISTING OF THE MONTH



HAPPY New Year's January 2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

1

2

Clubhouse
Closed

3

4

Trivia Night

5

Thirsty
Thursday

6

7

Cantina Night

8

Champagne
Sunday Brunch
Comfort Food
Classics To-Go

9

Clubhouse
Closed

10

11

12

Thirsty
Thursday

13

14

Mixology
Class
Soul Food
Night

15

Comfort Food
Classics To-Go

16

Clubhouse
Closed

17

18

19

Third
Thursday

20

21

Italian Night

22

Chef's Table
Comfort Food
Classics To-Go

23

Clubhouse
Closed

24

25

26

Thirsty
Thursday

27

Prime Rib
Night

28

Asian Night

29

Comfort Food
Classics To-Go

30

Clubhouse
Closed

31