

July 2021 ECHOES



championhills.com | [@ChampionHillsCommunity](https://www.instagram.com/ChampionHillsCommunity) | 828.696.1962



MEET MARA SHOOK!

Four year recipient of the Employee Scholarship

I was hired at Champion Hills, in the golf department in the Summer of 2016, as a cart attendant and golf shop assistant. Although there are many life lessons I have learned during my time as a Champion Hills employee, the two that have repeatedly come up are: to pay attention to detail and to serve others well.

In my first year or two, Mike Steele taught me the importance of tucking in my shirt, wearing a belt and learning every member's name. Details like these don't seem important at first, however, they became a life lesson for me. Throughout college, and life transitions, I experienced that paying attention to detail helped me serve and care for others very well because I was able to cater to what they needed and wanted. This ties into the other life lesson that I have learned while working at Champion Hills: to serve others well. While paying attention to detail and learning what others care about, I was able to serve them well.

Whether it was a friend, professor or boss at Elon University, I was able to use the skills and life lessons I learned at Champion Hills in my everyday life and in my college experiences. (Which helped me earn additional responsibilities, recognition and scholarships.)

After graduating with honors from Elon, it is my dream to eventually go to graduate school for Sport Psychology, however I have decided to obtain employment in my field to gain experience needed for a higher level education.

During this next year, I will be working as a Behavior Technician at Ally Behavior Centers in Rockville, Maryland. This job consists of working with kids with autism and their parents to help them change their daily habits and behaviors to help them progress in life.

When getting my undergraduate degree, paying attention to detail and serving others well showed that I cared. This helped me earn my Behavior Technician job and excel in everything else I have done during college. These life lessons will continue to help me with my new employment by allowing me to recognize the nuances and individual details of each child, which will enable me to serve them to the best of my ability.

The Employee Scholarship not only helped me to obtain a four year degree and full-time employment but it led me to aspire to achieve a graduate degree as well. Without this scholarship, I would not know my potential and I am extremely grateful.

Thank you so much to all who contributed to the scholarship and my personal growth.

You can help make the educational dreams of our employees accessible through participating in this year's Employee Scholarship Fundraiser

Wednesday, August 25

Tennis Event

Friday, August 27

Golf Tournament

Live & Silent Auction

Dinner

[Click Here to Donate and Register](#)



HENDERSON COUNTY
**EDUCATION
FOUNDATION**





THANK YOU TO EVERYONE WHO
MADE OUR FIRST THIRD THURSDAY
A HUGE SUCCESS!



Third Thursday takes place on the third Thirsty Thursday event of the month. During this time we hope to welcome new members and let veteran members take the time to get to know them. We had to wait so long to all be together so why not do it over drinks on our favorite day of the week.

Join us later this month on Thursday, July 15



Nature Talk

with Chuck Darnell

Friday, July 9

**12:30 PM Lunch | 1:30 PM Nature Talk
presenting "Birds of Champion Hills"**

Come join us and order off the pub menu and then enjoy a presentation on "The Birds of Champion Hills"

[Click Here to View The Birds of Champion Hills Guide](#)



**BREVARD
MUSIC
CENTER**



SUMMER INSTITUTE & FESTIVAL

Tuesday, July 13 | 4:30 PM

Free! - Student Performer Concert

Enjoy this free concert from the Brevard Music Center. Please sign up on chmember.com if you plan to attend. Looking for dinner after the concert? Visit chmember.com to make reservations or call the Fazio Pub at 828.696.0766

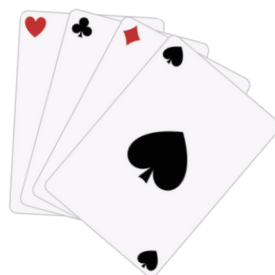
[Click Here to Learn About the Brevard Music Center](#)

HAND & FOOT MARATHON | SIGN UP NOW

Sign ups for the Hand & Foot Marathon are now open! The format is limited to 28 teams [of two]. Play will begin in September and will continue through March 2022.

New teams are welcome!

Sign up with Lilly in the Admin Office or call 828.696.1962.
Registration Closes when 28 teams are formed or on July 21.





PLEASE JOIN US

Fairy Godmother Luncheon



CHAMPION HILLS*
FRIDAY, JULY 16
11:30 AM - 1:30 PM
NEW FOR 2021

Join us for a Fairy Godmother Luncheon!
These ladies-only events support the Boys & Girls
Club through gifts of philanthropy, advocacy, and
volunteerism in our Fairy Godmother Society.

Learn how the past year has affected local youth,
how the Club responded, the blueprint for youth
recovery, and what you can do to help.



Limited capacity | \$25 per person
Register online at:
bgchendersonco.org/events/
Or, call (828) 693-9444
staciem@bgchendersonco.org

*Can't make it? We have other dates and
locations! See information at our website.



BOYS & GIRLS CLUB
OF HENDERSON COUNTY

FOURTH OF JULY COOKOUT

Sunday, July 4

5:30 PM | Cocktails 6 PM | Dinner

Lunch will be provided on the course for the golf tournament. All members are invited to the evening cookout celebration at the Clubhouse.

Garlic and Herb Roast Beef with
Chimichurri Sauce
Brined BBQ Chicken
Hickory Smoked Pulled Pork
Summer Succotash
Mustard – Dill Potato Salad
Marinated Vegetable Salad
Garden Salad
Fresh Fruit Cups

Pickles, Shaved Onions,
Sweet BBQ Sauce,
Alabama White BBQ Sauce,
SC Mustard BBQ Sauce
White Bread, Onion Rolls

Plated Dessert Choice of :
Apple Tartelette a la mode
Double Fudge Brownie a la mode
Flourless Chocolate Torte

TRIVIA NIGHT | JULY 7

Cocktails: 5:30 | Dinner: 6 | Game: 7

Looking to join a team for
next month?

Call Shelly Metcalf at
828.696.1962 ext 1317

TRIVIA WINNERS



June Winners | Les Quizerables
Pat & Tom Van Laar,
Tammara & Chuck Darnell,
David & Shannon Hitchcock

MEN'S NIGHT OUT | JULY 28

Cocktails: 6 PM | Dinner: 7 PM



Friday, July 30 - Sunday, August 1

Open to kids of ages of all ages

\$95 for ages 8 & up | \$65 for ages 7 & under

Please note that when you sign up, the child is registered for the entire event and all of the activities they are eligible to do based on their age. Visit chmember.com to register!

Friday, July 30th

10 am | Golf Lesson - Ages 8 & older

11:30 am | Pizza with Chef Blake

4 pm | Arts & Crafts on the Event Lawn

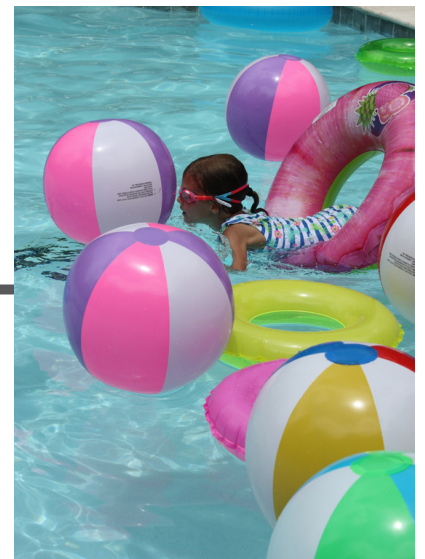
Saturday, July 31st

9 am | Winged Yoga

10:30 am | Tennis Clinic - Ages 8 & older

Sunday, August 1st

10 am | Pool Party (weather pending)



SATURDAY DINING UPDATE

As summer kicks into gear, we are updating our Saturday Dinner Options. Every other Saturday will be a themed dinner offering. The remaining Saturday's we will either offer a to-go option or will be closed for private events. Please stay tuned for more information. Call the Fazio Pub to make reservations at 828.696.0766 or visit chmember.com



SATURDAY, JULY 3

Pick up will be between 5 PM & 7 PM. All orders must be placed by 12 PM on Friday, July 2. Please call 828.696.0766 to place your order.



SATURDAY, JULY 17

Come join us for an Asian Buffet Night! Enjoy flavors that are out of this world -- or at least the United States.

SATURDAY, JULY 31

On Saturday, July 31 the Fazio Pub will be offering the Fazio Pub Menu until 8 PM. Please call 828.696.1962 or visit chmember.com to make reservations.



SATURDAY, JULY 10 & 24

In order to still offer an evening dining option on Saturday, July 10 and 24, we have decided to offer a take out option. These evenings will be Pub Menu To-Go only. All orders must be placed by 4 PM and pick up will end at 6 PM.

NEW! CHAMPION HILLS HOUSE WINE

Take a look at our new house wine offerings from Schug Vineyards, features a custom label. Whether you like white or red, we have you covered.

Ask your server for a taste today.

2019 CHARDONNAY CARNEROS



TASTING NOTES

This wine is both rich and powerful, while refreshing and elegant on the finish. It has a ripe, spicy tropical bouquet with flavors that suggest citrus, pear and spiced apples. Well-balanced acidity gives it a crisp, clean finish, making it an excellent wine with food.

2018 PINOT NOIR CARNEROS



TASTING NOTES

A bouquet reminiscent of roses, ripe cherries, and a meaty smokiness lead to savory flavors of black cherry and plum, finishing with hints of tobacco and spicy new oak.



INTRODUCING, MEATS BY LINZ HERITAGE BLACK ANGUS PRIME BEEF

We are excited to announce that we are partnering with Meats by Linz to provide our members with Prime Grade Beef options on the new Mountain View Menu.

In order to be graded prime, the meat must be in the top 2% of all cattle graded by the USDA. Meats by Linz is a 3rd generation family company based out of Chicago that pride themselves on their Heritage Black Angus cattle. They only partner with select farms in the Midwest and finish all their cattle on corn feed for 150 days, in order to provide unparalleled flavor, tenderness, and marbling in the beef.

We are excited to offer a rotating selection of the best cuts and look forward to sharing this great product next time you're in for dinner.

[Click Here to Learn More about Meats by Linz](#)

TIPS FROM THE PRO

by Scooter Buhrman, PGA

Golf is meant to be fun, but often we make the game too complicated to enjoy. Below are a couple of tips to help you enjoy the game at a higher level.

Simplify how you think about your golf swing

You should have no more than two swing thoughts when approaching your shot. Thinking less about mechanics will allow you to swing more free and with better tempo.

Check your pre-swing fundamentals (Grip, Stance, Alignment, & Posture)

Bad shots are not always a result of a bad swing. Many problems can arise before we even start our golf swings. Make sure you have a good setup and are aligned to your target.

Set realistic expectations

We are not going to hit every shot perfect and it is important to remember that when selecting the right club for your shot. If you are faced with a 150 yard shot, take your 155-160 club and focus on making a smooth swing. This will increase your odds of your approach shot making it to the green.

Don't get too technical

It is important to have a certain level of “feel” in your full swing and short game. If you are too technical it will decrease your chances of having good rhythm, timing, and tempo. Pick your club, see your target, and fire away!



UPCOMING EVENTS

Tuesday, July 6 | Ladies' Day ABCD

Wednesday, July 7 | Men's Day ABCD

Saturday, July 10 & Sunday, July 11 | Men's & Ladies' Club Championship

Friday, July 16 | Champions Guest Day

Wednesday, July 21 - Friday July 23 | Ladies' Member-Guest

Sunday, July 25 | Couples Golf

Please contact the professional staff or visit ForeTees if you have any questions regarding any of the upcoming events.

GOLF NEWS



Don't forget to sign up for the

Men's Member-Guest

coming up October 13-16.

You don't want to miss this event!

Visit ForeTees for more information.

5 BENEFITS OF GROUP FITNESS CLASSES

- Find motivation and inspiration. The best way to motivate yourself to push through that extra rep is by having other people by your side to cheer you on
- Proper form helps prevent injury
- Be part of a community
- Add variety to your workout
- Hold yourself accountable

[Click Here to View Full Weekly Schedule](#)

With 15 weekly classes to choose from, you are bound to find the right group fitness class to meet your health and wellness goals.

Cycle Core

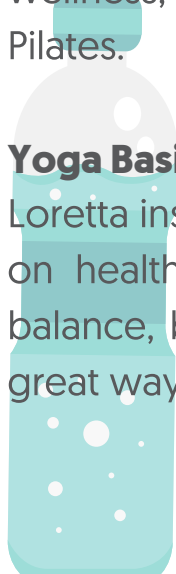
Saddle up and experience an effective cardio and strength training workout. Katie's cycle core class is ideal for people of all levels of fitness and experience. A 30 minute ride combined with 15 minutes of strength training makes this class a whole body workout.

Pilates

Pilates mat class develops strength from the inside-out. Gerlinde will guide you through a series of exercises with mindful awareness, participants are able to develop long supple muscles radiating from a strong central core [abs, lower back and hips]. Pilates will help you develop a body that is the best that it can be and support you for the rest of your life. Whether your passion is golf, tennis, swimming, hiking, cycling, gardening, or health and wellness, you will see an improvement in your "game" and condition with Pilates.

Yoga Basics

Loretta instructs a well-rounded and accessible yoga class with an emphasis on healthy posture and physical alignment. Increase flexibility, improve balance, build core strength, relieve back and neck pain, and de-stress. A great way to start the day. Beginners welcome!



Slow Flow + Core Yoga

Loretta has designed this yoga class with strength and fitness in mind. This class offers core focus movement helping posture, balance, flexibility, and articulation. This class ends with Slow Flow to focus on mindfully moving and breathing while holding poses longer. This class is suitable for all levels.

Jazzercise

Join Mackenzie and burn up to 400 calories with this high-intensity low-impact dance workout that mixes modern moves with strength training. Set to Top 40 music, Jazzercise targets the three major muscle groups for a full body workout. Jazzercise is both fun and effective for and can be modified for all fitness levels.

Strength 60 & Strength 45 Class

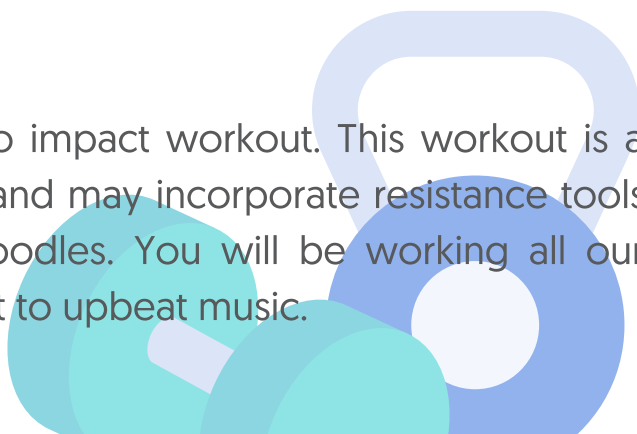
Go for confidence-inspiring contour and definition. Mackenzie instructs both resistance training classes with the help of hand weights and mats. Each class will alternate between three different muscle groups. The class consists of abdominal routines, upper torso/arm routines, and glute/leg routines. These classes are specifically designed to deliver a whole body, well-rounded, strength training workout. Each workout is choreographed to upbeat music of all genres to drive the class forward and keep your mind on the beat instead of the burn. Strength 60 is an advanced class, Strength 45 is an moderate level class.

Simply Strength

Join Mackenzie as she guides you through a gentle 45-minute chair supported functional strength training class. Using lite weights, small balls, and versa bands for extra resistance this class is designed for those new to strength training.

H2O Fitness

Join Wendy in our heated pool for a no impact workout. This workout is a blend of cardio and resistance training, and may incorporate resistance tools suck as buoyant water weights and noodles. You will be working all our muscles: abs, glutes, arms and legs, all set to upbeat music.



LISTING OF THE MONTH

18 WILD IVY | \$695,000 | 3,323 SQ FEET

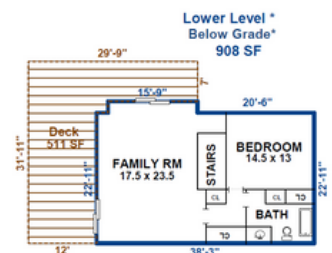
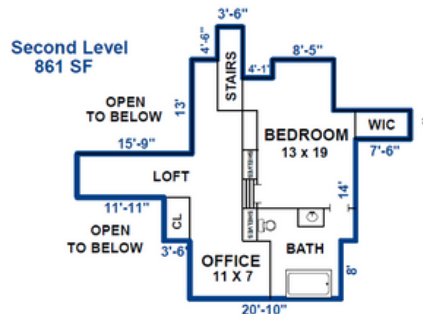
REAL ESTATE



Features and Upgrades:

- 4 Bedrooms; 4 Baths
- Dramatic, Long-Range Mountain Views from Large Decks or Screened Porch
- Updated Mountain Home on Quiet Cul de Sac
- Light-filled Open Floor Plan with Lovely Architectural Lines
- 2 Bedrooms; 2 Baths on Main Level
- 3 Levels of Living Space Offering Privacy
- New Kitchen with Stainless Steel Appliances, and Plenty of Granite Countertops
- Recently Remodeled Master Bath
- Functional Loft Area

Buyer is required to purchase Full Golf Membership



[Click Here to View Full Listing](#)

DON'T WAIT TO SELL YOUR HOUSE

We're in the ultimate sellers' market right now. If you're a homeowner thinking about selling, you have a huge advantage in today's housing market. High buyer demand paired with very few houses for sale makes this the optimal time to sell for those who are ready to do so. Whatever the move you want to make looks like, here's an overview of what's creating the prime opportunity to sell this summer.

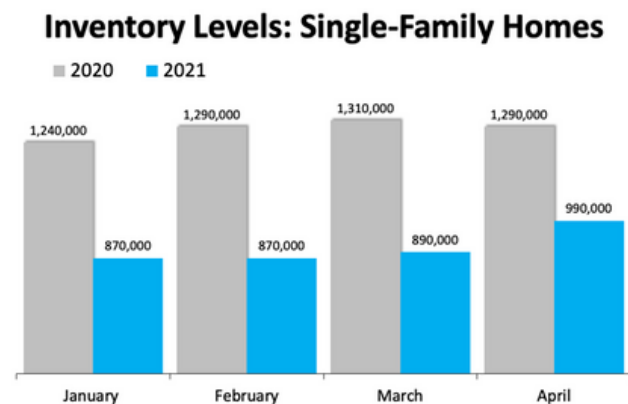
High Buyer Demand

Demand is strong, and buyers are actively searching for homes to purchase. In the Realtors Confidence Index Survey published monthly by the National Association of Realtors (NAR), buyer traffic is considered "very strong" in almost every state. Homebuyers aren't just great in number right now – they're also determined to find their dream home. NAR shows the average home for sale today receives five offers from hopeful buyers. These increasingly frequent bidding wars can drive up the price of your house, which is why high demand from competitive homebuyers is such a win for this summer's sellers.

Low Inventory of Houses for Sale

Purchaser demand is so high, the market is running out of available homes for sale. Danielle Hale, Chief Economist at realtor.com, explains: "For most sellers listing sooner rather than later could really pay off with less competition from other sellers and potentially a higher sales price... They'll also avoid some big unknowns lurking later in the year, namely another possible surge in COVID cases, rising interest rates and the potential for more sellers to enter the market."

NAR also reveals that unsold inventory sits at a 2.4-months' supply at the current sales pace. This is far lower than the historical norm of a 6.0-months' supply. Homes are essentially selling as fast as they're hitting the market. Below is a graph of the existing inventory of single-family homes for sale:



At the same time, homebuilders are increasing construction this year, but they can't keep up with the growing demand. While reporting on the inventory of newly constructed homes, the U.S. Census Bureau notes: "The seasonally-adjusted estimate of new houses for sale at the end of April was 316,000. This represents a supply of 4.4 months at the current sales rate."

What Does This Mean for You?

If you're thinking of putting your house on the market, don't wait. A seller will always negotiate the best deal when demand is high and supply is low. That's exactly what's happening in the real estate market today.

Bottom Line

As vaccine rollouts progress and we continue to see the economy recover, more houses will come to the market. Don't wait for the competition in your neighborhood to increase. If you're ready to make a move, now is the time to sell. Let's connect today to get your house listed at this optimal moment in time.

Ready to learn more? Contact our Real Estate Team at 828.693.0072



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Thirsty Thursday	2 Prime Rib Night	3 Pizza On the Go!
4 Fourth of July Tournament & Dinner	5 Clubhouse Closed	6 Burger & Ribs Night	7 Trivia Night	8 Thirsty Thursday	9 Prime Rib Night	10 Pub Menu To-Go
11 Brunch	12 Blood Drive Clubhouse Closed	13 Brevard Music Center Student Concert Pasta Night	14	15 Annual Meeting Third Thirsty Thursday	16 Prime Rib Night	17 Asian Buffet Night
18 Brunch	19 Clubhouse Closed	20 Burger & Ribs Night	21 Ladies Member-Guest [No a la Carte Dinner in MVR]	22 Ladies Member-Guest Thirsty Thursday	23 Ladies Member-Guest Prime Rib Night	24 Pub Menu To-Go
25 Brunch	26 Book Club Clubhouse Closed	27 Pasta Night	28 Men's Night Out	29 Thirsty Thursday	30 Prime Rib Night	31 Pub Menu Only Dine-in