## ECHOES

THE OFFICIAL NEWSLETTER OF CHAMPION HILLS

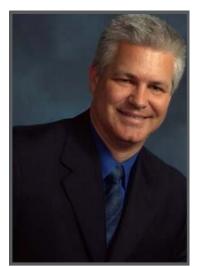
## JULY 2024

championhills.com | @ChampionHillsCommunity | 828.696.1962

Dear Owner/Members,

I want to take a moment to celebrate Mary Kay Buhrke as she transitions from our on-site Allen Tate/Beverly-Hanks Real Estate team to retirement as a resident and member of Champion Hills.

Mary Kay and Pat Buhrke moved from Chicago to Champion Hills in 1997 and quickly became integral members of our Club and Community. A born go-getter, Mary Kay served on the first POA Board after the developer of Champion Hills departed, and later began a new professional journey as a realtor here at Champion Hills.



Whether you own a home or lot in Champion Hills, chances are Mary Kay played a part in helping you find your way here. Thanks to her dedication and passion for our Club and Community, Champion Hills has truly grown and thrived. Mary Kay has positively impacted so many lives, and we are incredibly grateful for her past, present and future contributions. We will always remember her time on our team with gratitude and a warm heart. Job well done, Mary Kay!

We wish her all the best in her well-deserved retirement, with more time to enjoy leisurely walks with Stella and a round of golf. When you see Mary Kay around the Club and Community, please join me in wishing her happiness in the next chapter of her journey.

See you around Champion Hills, Alan Deck, CCM, PGA



## HALFWAY THRU 2024, WE HAVE A PLAN, WE ARE EXECUTING, AND IT'S WORKING!

The Fourth of July is days away and that is reminder that we are halfway through 2024. That's also the reason we recently held our Club Annual Meeting – to report on the overall health of the Club halfway through the year. It was great to see well over 100 members, in addition to the entire senior staff, attending this year's meeting on June 17!

This evening, I was in the Pub and a member said to me "Thanks for the upbeat message delivered at the annual meeting! It feels like we are really on-track." Mission accomplished! That is the message we

hoped would come across – we have plans, the Board and Management are executing and the outlook is very positive.

#### Here are the 6 summary points shared at the meeting:

1. Club operations are improving in key areas. For example, driven by kitchen investments, new menus, new events, new staff, and new training, total dining covers are up 25% through May! The Operating Forecast for 2024 is on track.

2. Based on our renewed strategic planning efforts, the Club's capital health has improved. Our Club has disciplined and productive plans for our debt and our investments, with attention to asset maintenance to sustain and grow the Club. "No surprises" is our motto!

3. The Board is preparing proposals for modest, strategic amenity improvements such as Pickleball and Clubhouse Patio improvement. Members can expect to see these proposals for approval later this year and will be asked to approve any spending over \$250K- current plans do not include an assessment!

4. We took the time to recognize the contributions of our long-tenured members – over 16% with 20+ years of membership! We have had very good topline member growth but we have a "leaky bucket" as other members depart. We also shared how members contribute to the sustained success of our Club through their own choices. For example, when the time comes, it is mutually beneficial for a member and the Club when that member makes plans to sell their home to a new prospective Club member.

5. To strengthen the Club's sustained success, and in collaboration with the POA, we are preparing a renewal of our professional management contract.

6. Our purpose is to exceed member expectations every day so we rely on your feedback. The Club will launch a new Member Satisfaction Survey in August and we hope for a record high response rate! memberfeedback@championhills.com is always available.

Happy Independence Day! See you around the Club!

Milan Turk Champion Hills Club Board President





#### DR. BOB & KATHRYN MCCARTHA

#### Where are you from?

We are from Newberry County in Central South Carolina where we lived on beautiful Lake Murray.

#### Are you in CH full-time or seasonally?

We are full time residents of Champion Hills



What is one fun/interesting fact about yourself?

We have visited all 50 states and all 7 continents.

What do you like to do at Champion Hills?

We enjoy playing golf, participating in social events like Trivia and Thirsty Thursday, and playing tennis and cards.

#### TOM & TAMARA SMITH

Where are you from?

Tom-outside Philadelphia, PA, Tamara-Lexington, KY

Are you in CH full-time or seasonally? Seasonally

What do you like to do at Champion Hills? Golf, dine with friends, Wellness Center, Hike, and Garden.

What is one fun/interesting fact about yourself? We lived in Hong Kong for 4 years while running operations for Hyatt in 17 ASPAC countries.



Want to be featured in an upcoming Echoes? Email josie@championhills.com



## KICKS FOR KIDS

It's almost back-to-school time again! And that means the Salvation Army Kicks for Kids program is gearing up. Last year, through your generosity, Champion Hills donated over 100 pairs of shoes to local school children in need. If you'd like to join in the action:

You can sign-up on the sheet in the lobby, or call or email Jean Calkin or Pam Roadman and we will sign up for you. The deadline for sign-ups is Monday, July 8.

By mid-July, the Salvation Army will provide us with the details of each child, which we will pass on to you.

You can pick up your envelope with your child's age, gender, and shoe size at the club after July 15. We'll let you know when and where to pick up your tags, as well as some details on types of shoes, where to buy them, and what to do after you've purchased them.

If you prefer to make a monetary donation, we will shop for you. If so, please place a check on the donation column of sign-up sheet or call or email Pam Roadman. One pair of athletic shoes generally costs between \$50 and \$100, depending on the age of the child.

As always, thanks in advance to our entire Champion Hills community for your continued generosity!

Jean Calkin (513) 646-9490; jean.calkin@yahoo.com Pam Roadman (781) 540-4705; pmroadman@yahoo.com

Thank You Champion Hills!

18 incredible donors 22 productive products

Thank you Donors on behalf of the grateful future recipients!





#### HENDERSONVILLE COUNTY LIBRARY PROVIDES A WORLD OF SERVICES

By Barbara Zucker

You may be in for a surprise when you learn about the many programs our Henderson County Public Library offers. They have come a long way from checking out books!

For starters, the Henderson County Public Library mission statement doesn't mention books, it focuses on enrichment: "The Henderson County Public Libraries engage the community through experiences and services that educate minds and enrich lives."

Children's and teen programs, adult programs, technology classes, unique art displays, a digital library (and classes on how to use the digital library), home-bound deliveries, a local history room, book clubs, movies, open mic poetry reading, and so much more, are available to patrons. There are exercise classes (tai chi, Pilates, Bouncing Babies, chair exercise), knitting and crocheting groups, the list goes on and on.

Two recent additions are a Researching Genealogy program with resources for discovering your ancestry, and Community Gardening class sponsored by the North Carolina Extension Service.

The Libby app offers eBooks, audiobooks, and digital magazines which allow you to borrow a title and start reading! Hoopla offers instant downloading for eBooks, audiobooks, comics, music, movies and TV.

For anyone who is interested in starting their own book group, the library has book club kits. Each kit includes 10 paperback books in a tote bag that can be sent to any Henderson County library location for check out.

Worth mentioning is the Friends of the Library Bookstore located at 1940 Spartanburg Highway. They accept books, CDs, DVDs, jigsaw puzzles, sheet music, and children's books. Drop off items during store hours 12 noon to 4 p. m. Tuesday, Thursday, and Saturday.

To get the most up to date information on all events, classes and more, check out the quarterly newsletter Illuminations spring 2024. Or, come in and browse the Main Branch of the library network at 301 N. Washington, Hendersonville. There are five branches in neighboring cities.

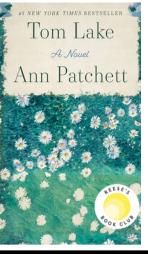
Your key to all these enriching services is your library card. Henderson County residents can acquire a library card at no charge by presenting a picture ID with a current address. You must bring your card with you to check out items or use library computers. You may download anytime, anywhere on any device FREE with your library card.

Plus, your library participates in a group of public libraries dedicated to sharing resources through a single online catalog.

These ever evolving programs available to library patrons are a great gift to our community. A simple library card opens a world of services.

Public Library | Henderson County North Carolina (hendersoncountync.gov)

#### CHAMPION HILLS BOOK CLUB | JULY 22



## TOM LAKE

#### **BY ANN PATCHETT**

In this beautiful and moving novel about family, love and growing up, Ann Patchett once again proves herself one of America's finest writers. #1 New York Times Best Seller - a Reese's Book Club pick.

For more information please contact: Barb Morrison | 309.269.0010 Barbara Zucker | 845.598.0933

#### HAND & FOOT MARATHON

If you have not already registered for the 2024-2025 Hand & Foot Marathon and would like to, there is still time! Two-person teams will be registered on a first-come, first-serve basis. Registration will close on August 1 and the group will begin playing in September. Matches can be scheduled at the discretion of the players. For more information contact Susan Thomas at susanthomas@gmail.com. To sign up your two-person team, contact Mary Catherine at the club: marycatherine@championhills.com.





#### JULY 3 5:30 PM - 9 PM

Want to show off your knowledge? Reserve your team a table today! Email Shelly at <u>shellym@championhills.com</u>.



#### JULY 4TH COOKOUT

Driving Range Grill | 11 AM - 2 PM Dinner Buffet | 5 PM - 7 PM

1ala





CELEBRATING 31 YEARS AT Champion Hills Tuesday, July 9 6 PM Cocktails | 6:45 PM Dinner

#### FLAT ROCK PLAYHOUSE GROUP OUTING

#### FRI, JULY 12

5 PM COCKTAILS & DINNER AT THE CLUB | 6:30 PM SHUTTLE 7:30 PM SHOWTIME



#### JUNE WINNERS

Congratulations "Practicing for Jeopardy"!



Glenn & Terry Strow, David & Laudette Doudna LeRoy & Mary Sue House

BE A GALA SPONSOR!

The longtime generosity of Champion Hills provides deserving, talented students with the life-changing Brevard Music Center experience! Learn about sponsorship levels & benefits <u>HERE</u>.

<u>Gala Sponsors receive 2024 Summer Season</u> <u>Benefits at the commensurate level!</u> Learn about Brevard Music Center supporter benefits HERE.

Reserve your Sponsorship by Tuesday, July 2! <u>CLICK HERE TO RSVP</u>

Questions: Contact Kelly Land Cislo kland@brevardmusic.org or 828.862.2114



\$120 Inclusive (includes Dinner, Ticket & Shuttle)

#### LIMIT TO 30 PEOPLE MAX

#### TUESDAY, JULY 16 KARAOKE STARTS AT 6 PM

Join us in the Fazio Pub as we sing the night away! Song selections can be made during cocktail hour.

Call [828] 233-0973 to make reservations or book through our reservation portal on chmember.com. \$1 WINGS | \$3 DRAFTS | FAZIO PUB MENU | LIVE MUSIC

#### JULY 17 | 6 PM - 9 PM

We invite the gentlemen of Champion Hills to an evening of great food and conversation!





JULY 19 11:30 AM - 2 PM

Please join us for a Fashion Show from The Sanctuary, featuring our own CH Models!

#### JULY 25 | 4 PM - 6 PM

Bring your ride to the Thirsty Thursday Car Show! Packed with stunning vehicles & refreshing beverages.

No Registration needed. Bring your vehicle to the top parking lot. We will have designated parking.





DUELING PIANO



JULY 27 | 5:30 PM

Don't miss out on an unforgettable evening of music and comedy as Champion Hills presents Dueling Piano Night!

JULY 31 | 5 PM - 8 PM

Join us as we gather around the table with friends to piece together some puzzles over a glass of Pinot and tasty flatbreads!

#### PUZZLES, PIZZA & PINOT







#### BODEGAS JUAN GIL BLUE LABEL | JUMILLA, SPAIN

#### WINEMAKER NOTES

Intense cherry red with garnet sparkles in the glass, and intense aromas including highlights of black fruit over roasted notes and a lightly balsamic and spicy base. Fine and aromatic on the palate. Light, unctuous and very flavorsome, sensation of black fruits that harmonize with fine roasted touches. Round tannins and good acidity. Structured and very elegant.

#### JULY SPECIAL PRICING: GLASS \$16 / BOTTLE \$58



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#### AUGUST 22 | 4 PM - 6 PM

Bring your A game to the Boss of the Toss Cornhole Tournament! Enjoy an afternoon of precision throws, friendly competition & enjoyable refreshments.

#### THIRSTY THURSDAY DOG SHOW AUGUST 29 4 PM - 6 PM



We invite you to bring your furry friend for some paw-some time at the dog show! Grab your leash & join us for a tailwagging extravaganza, where dogs of all shapes & sizes can strut their stuff. Enjoy refreshments & mingle with fellow dog lovers.





#### SEPTEMBER 5 | 10 AM - 12 PM

Join resident Chuck Darnell on a wildflower discovery experience. Chuck will lead a golf cart excursion around Champion Hills roads and trails searching for and identifying native wildflowers and trees blooming in our community. Afterwards, the group will gather at the Club for a glass of wine and discussion.



JULY 16 | 5 PM - 8 PM

Enjoy wings and draft specials as well as the Fazio Pub menu. Don't forget to sign up for Karaoke!



JULY 21 | 10 AM - 2 PM

Join us for a delightful Sunday brunch-what a way to kick off a Happy Sunday!

Call (828) 233-0973 to make your reservations.



Join us for Pasta Night! Enjoy "All You Can Eat" breadsticks, assorted pastas, sauces, toppings, and Italian desserts!

JULY 20 | 5 PM - 8 PM

PUB & KARAOKE

NIGHT

Join us for the wildly popular Prime Rib Night! Call (828) 233-0973 to make your reservation.





JULY 30 | 5 PM - 8 PM

Taco station, \$5 traditional margaritas & \$8 cadillac margaritas, churros and more at Cantina Night!

#### JULY 23 | 5 PM - 8 PM

The Low Country region is known for a rich and diverse cuisine as complex and flavorful as the region itself.

Join us for a Low Country Seafood Night!



#### THE GOLF AND TENNIS SEASON ARE IN FULL SWING! PREVENT INJURIES LATER IN THE SEASON. YOUR CHAMPION HILLS FIT-PRO TEAM IS HERE TO HELP YOU CROSS-TRAIN FOR YOUR BEST GAME!

#### **INSTRUCTOR ELIJAH ASKEW**

#### TABATA CIRCUIT TUESDAY 10:30 AM & FRIDAY 8:15 AM

A 45-minute class with both HiiT (high impact interval training) or LiiT(low impact interval training) options. This class is sure to challenge you. Each exercise in a Tabata workout lasts only four minutes.

The structure of the program is as follows:

- Work out moderate to hard level for 20 seconds
  - Rest for 10 seconds
  - Complete 8 rounds

The Friday 8:15 AM class is a AMRAP (as many reps as possible) format.

#### GOLF STRENGTH TRAINING & CONDITIONING WEDNESDAY 8:15 AM

Cross-train for your best golf or tennis game! This is a 45-minute class uses the TRX RIP station for strength, rotation, and articulation. Combined with sections of low-impact cardio to raise your heart rate, this class will help you tackle the golf course terrain!

#### GOLF CORE THURSDAY 8:15 AM

A 35-40 minute class that will target core muscle strength. This class will focus on core articulation, flexibility, and strength cross training to enhance your golf game.





#### **INSTRUCTOR MACKENZIE JONES**

#### BALL CORE MONDAY 8:15 AM

This is a 45-minute intermediate to advanced class will target alternating muscle groups with a focus on abdominals using resistance balls.

#### STRENGTH 45 - MONDAY 9:15 AM | STRENGTH 60 - THURSDAY 9:15 AM

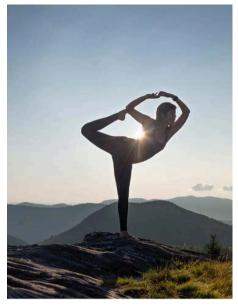
Go for confidence-inspiring contour and definition. Both resistance training classes use hand weights and mats. Each class will alternate between three different muscle groups. The class consists of abdominal routines, upper torso/arm routines, and glute/leg routines. These classes are specifically designed to deliver a whole-body, well-rounded, strength training workout. Each workout is choreographed to upbeat music of all genres to drive the class forward and keep your mind on the beat instead of the burn. Strength 60 is an advanced class, and Strength 45 is a moderate-level class.

#### JAZZERCISE DANCE FITNESS TUESDAY 9:15 AM & WEDNESDAY 9:15 AM

Burn up to 400 calories with this high-intensity low-impact dance workout that mixes modern moves with strength training. Set to Top 40 music, Jazzercise targets the 3 major muscle groups for a full body workout. This class is both fun and effective and can be modified for all fitness levels.

#### SIMPLY STRENGTH THURSDAY 10:30 AM

This is a gentle 45-minute functional strength training class. Using a chair for balance, lite weights, and small balls for extra resistance this class is designed for those new to strength training.



#### **INSTRUCTOR JULIA WARD**

#### YOGA BASICS TUESDAY 8 AM

A well-rounded and accessible yoga class with an emphasis on healthy posture and physical alignment. Increase flexibility, improve balance, build core strength, relieve back and neck pain, and de-stress. A great way to start the day. Beginners welcome!

#### SLOW FLOW + CORE YOGA MONDAY 10:30 AM & WEDNESDAY 10:30 AM (UNTIL JULY 17TH)

This yoga class was designed with strength and fitness in mind. This class offers core focus movement helping in posture, balance, flexibility, and articulation. This class ends with Slow Flow to focus on mindfully moving and breathing while holding poses longer. This class is suitable for all levels.

#### GENTLE YOGA FRIDAY 9:15 AM

A well-rounded and accessible yoga class with an emphasis on healthy posture and physical alignment. Increase flexibility, improve balance, build core strength, relieve back and neck pain, and de-stress. A great way to start the day. Beginners welcome!

#### BARRE

#### FRIDAY 10:30 AM & WEDNESDAY 10:30 AM (STARTING JULY 17TH)

This 45-minute class is a low-impact but highly effective class that combines elements of pilates, yoga, and strength training. Barre focuses on engaging specific muscles until they reach fatigue, followed by stretching to create long, lean, and toned muscles. By targeting your muscles through isometric movements (think tiny, controlled pulses), barre is an effective way to build total body strength and improve your flexibility.



#### YOGA ON THE EVENT LAWN

Join us on the lawn every other Monday from 9-10 AM this summer.



#### **INSTRUCTOR WENDY SCHUCHART**

#### WATER AEROBICS MONDAY 11:45AM

Join our instructor in our heated pool for a no impact workout. This workout is a blend of cardio and resistance training and may incorporate resistance

tools such as buoyant water weights and noodles. This class blends cardio and resistance into a class that's cardio-conditioning and body-toning. You will be working all your muscles, abs, gluts, arms and legs, all set to upbeat music. Great for all fitness levels and offered during the summer months.



#### PERSONAL TRAINER TJ VORE

Book an appointment with TJ for a one-on-one training session or a health and wellness assessment. A health and wellness assessment will include fitness testing in all five components of physical fitness. Testing will take approximately one hour to complete. Once your testing is complete the information will be compiled into a personalize report. TJ will schedule a second appointment with you to review this data in depth. To schedule an appointment contact TJ at 828-606-8887.

Group Fitness Class cards can be purchased by contacting Mackenzie and used for any weekly class. Class cards are non-refundable and never expire.

Register for all your favorite classes on chmember.com under "Racquets & Wellness" Select "Book a Class". Personal training appointments or a health & wellness assessment can be booked by contacting your personal trainer of choice.

See you in the Wellness Center!



#### A MESSAGE FROM ERICK FOWLER, PGA CHAMPION HILLS HEAD GOLF PROFESSIONAL

## • EYE ON THE BALL

It sounds simple enough but watch the shots of everyone in your group. Many times, people lose sight of their shots in flight and it takes a long time to locate the ball, or they lose it completely. Paying attention to all shots is beneficial for the entire group and will save time spent searching.

#### **CLINIC SCHEDULE**

CH Golf Clinics are back! Come join in on an interactive, friendly group setting where you can learn ways to improve your short game, course management, or brush up on your rules!

#### Make More Pars w/Carole—Short Game Clinics

Thursday 3:15 PM

Topics: Putting, chipping, and pitching alternating weeks July 11, July 18, July 25, August 8, August 15, September 12, September 19 & September 26

#### **On-Course with Carole**

Friday 3:15 PM

On-course topics: Situational lies, fairway bunkers, course management, and scoring strategies July 12, July 26, August 9, August 16, August 23 & August 30

#### **Get Into Golf**

Basic introductory clinics for BEGINNING men and women golfers. Covers grip, set-up, basic swing mechanics, courtesy & etiquette, and simple rules.

Thursday, July 11 - 1 PM Thursday, August 22 - 1 PM Friday, September 6 - 1 PM

\*\*Keep an eye out for dates on a clinic or two for brushing up on the rules of golf and how they can be utilized here at CH!"\*\*



#### **PRO SHOP MERCHANDISE CORNER**

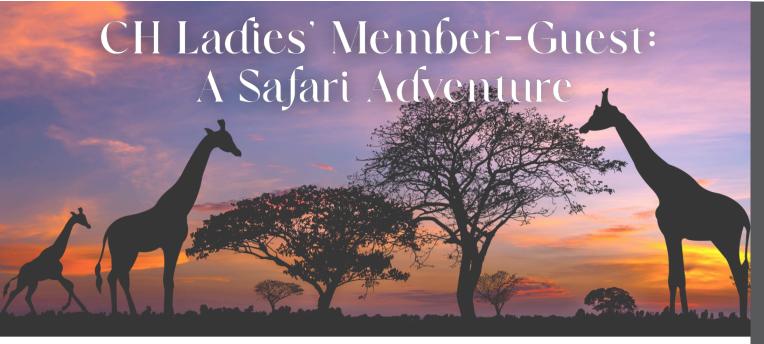
#### GOLF ITEM OF THE MONTH: CH Logo'd Golf Bags!

In the market for a new golf bag?! Stop by the CH Pro Shop to shop a variety of styles/colors from the popular brands of Callaway, Ogio, Sun Mountain & TaylorMade.

#### **RECEIVE 10% OFF MEMBER PRICING ON ALL IN-STOCK GOLF BAGS FOR THE MONTH OF JULY**

\*Applies to in-stock golf bags only & cannot be combined with other offers







#### - OVERALL CHAMPIONS

Michelle Carpenter Donna Carter Mary Kwolek Barbara Anderson



JAGUAR FLIGHT Melinda Brumsey | Janna Moran Mia Halley | Linda Head

#### FLIGHT WINNERS -



ZEBRA FLIGHT Mary Merritt | Jennifer O'Brien Carol Novosad | Cathy Robinson



#### **GIRAFFE FLIGHT**

Odette Coluccelli Patti Brotherton Beverly Perreault Jamie Perreault



#### CH LADIES' QUEEN BEE CHAMPIONS



CONGRATULATIONS to the 2024 Queen Bee Winners! 9-hole Queen Bee is Valerie Fitzgerald (left) 18-hole Queen Bee is Vicki Carpenter (right)

#### CONGRATULATIONS TO JUNE'S HOLES-IN-ONE!



Mr. Ken West aced the 9th hole from 178 yards with a 7 Iron! & Mr. Paul Hummer aced the 4th hole from 150 yards with a 6 Iron! June 9, 2024



Mr. Hyler Stanavage aced the 9th hole from 159 yards with a 7 Wood! June 17, 2024



Mr. Peter Howitt aced the 11th hole from 153 yards with a 5 Hybrid! June 21, 2024

#### UPCOMING EVENTS

TUESDAY, JULY 2 | LADIES ABCD

WEDNESDAY, JULY 3 | MEN'S ABCD

THURSDAY, JULY 4 | FOUR CLUBS ON THE FOURTH

SATURDAY, JULY 13 & SUNDAY, JULY 14 | CLUB CHAMPIONSHIPS

THURSDAY, JULY 18 | CALLAWAY DEMO DAY 11 AM-3 PM BY APPOINTMENT ONLY

SUNDAY, JULY 21 | COUPLES GOLF - 9-HOLES

THURSDAY, JULY 25 | XXIO DEMO DAY 11 AM-3 PM BY APPOINTMENT ONLY

SUNDAY, JULY 28 9 & DINE

THURSDAY, AUGUST 1 - SUNDAY, AUGUST 4 | MEN'S MEMBER-MEMBER

If you have any questions regarding any of the upcoming events, please contact the Pro Shop staff or visit ForeTees.



200 SHADY LAUREL COURT LISTING PRICE | \$795,000







SQFT

#### **PROPERTY FEATURES**

- Poured concrete foundation
- Generator
- New roof 2019
- New Heat pump and gas forced air 2012
- .7 Beautifully wooded, private acres
- Open floor plan

- Lovely kitchen with breakfast area
- Lots of natural light
- Room to expand lower level into large storage area
- Temperature controlled wine room with racks



PLEASE CALL FOR FURTHER DETAILS MARY KAY BUHRKE (828) 243-3346 AMBER SAXON (828) 699-0171

# July

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	<b>2</b> Pasta Night	<b>3</b> Trivia	<b>4</b> July 4th Cookout	5	6
7	<b>8</b> Clubhouse Closed	<b>9</b> Brevard Music Gala	10	<b>11</b> Thirsty Thursday	<b>12</b> Flat Rock Playhouse Outing	13
14	<b>15</b> Clubhouse Closed	<b>16</b> Karaoke / Pub Night	<b>17</b> Men's Night Out	<b>18</b> Third Thursday	<b>19</b> Ladies' Luncheon Fashion Show	<b>20</b> Prime Rib Night
<b>21</b> Grand Brunch Buffet	<b>22</b> Clubhouse Closed Book Club	23 Low Country Night	24	<b>25</b> Car Show Thirsty Thursday	26	<b>27</b> Dueling Pianos
28	29 Clubhouse Closed	<b>30</b> Cantina Night	<b>31</b> Puzzles, Pizza & Pinot			

NOTES: