# June 2021

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championhills.com | @ChampionHillsCommunity | 828.696.1962

As we head into our beautiful summer stretch, we all should reflect on how fortunate we are to be part of such an amazing community. It truly shows every day, with well attended events and activities along with increased prospect real estate and membership tours each month. To date, we have seen 177 membership tours YTD in 2021, which is a 179% increase over 2018 and 125% over 2019.



We have a robust schedule of events for the summer season including live music, dinner dance events, winery tours, demo days, wellness lunch and learn seminars, golf and tennis clinics, national calendar days (don't miss National Donut Day on June 4), cocktail classes, grill on the turn, al fresco dining and more.

We are honored to have such a wonderful team of employees as they are certainly crucial to membership satisfaction. We appreciate your support in allowing us to keep them employed, incentives to get vaccinated, our Angel Tree and Holiday Fund program and our Employee Scholarship Program.

The 2021 Employee Scholarship Golf, Tennis, Dinner, Live & Silent Auction is right around the corner on August 25 (Tennis Event) and August 27 (Golf, Dinner and Auction) and we appreciate your continued support.

Members can assist in several ways including, participating in the events, sourcing or making auction items and monetary donations to the Henderson County Education Foundation. The donations are tax deductible as well. Reach out to us in the Administration Office if we can be of further assistance.





Click Here to Register or Make a Donation

#### WELCOME NEW MEMBERS

#### **Full Equity Golf Members**

Tom & Susan Flanagan Joe & Sally Naret Michael & Cindee Gold Stephen & Georgina Large Scott & Janet Ogden

#### **Trial Golf Members**

John & Mary Lou Donkersloot Michael & Sue Comiskey James & Mary Kwolek

#### **Home Builder Members**

Peter & Rusty Watson Scott & Faith Gorman Stuart & Rose Singer

#### **Corporate Members**

Beyond Ten, Inc. (Karen Gilbert & Althea Sommer) Emergent Method, LLC. (Nick Speyrer)

#### Please help me welcome all of these new members! It is always a pleasure to see new faces and I hope you will enjoy getting to know them as much as I have.

This year so far been amazing and very busy. Thank you so much for all your help. Connections to our members are the heart of this club and I could not do my job without you!

#### **Social Equity Members**

Bill & Cynthia Breyfogle Ira & Tina Altchek Glenn & Ellyn Salkind Steven & Ilene Brause Mark Rosen & Lisa Villarreal Miller Chip & Kristy Owens

#### **National Members**

Susan Napolitano Sammy & Caroline Riddle Todd & Jen Zangrillo Tom & Kathy Bell Jason & Jennifer Gilliland Gregg & Leslie Hague



CHAMPION HILLS

## Blood Drive

#### MONDAY, JULY 12 | 12:30 PM - 5 PM

#### Did you know?

- Every 2 seconds someone in the U.S. needs blood and or platelets
- Approximately 36,000 units of red blood cells are needed every day in the U.S.
- The blood type most often requested by hospitals is type O
- One donation can potentially save up to three lives

#### When you sign up to donate blood you are helping save lives

#### To register your time slot please contact Sue Marker

Phone | 828.692.7583 Text | 828.606.0921 Email | suemarker@bellsouth.net





What an interesting and informative session we had with Mr. Chuck Darnell, Champion Hills member and resident, on the nature of our community.

Thank you for sharing your knowledge with us, so we too can enjoy the community through informed eyes.



Learn about the philanthropy, advocacy, and volunteerism of the Boys & Girls Club Fair Godmother Society and what you can do to help local youth.

Limited Capacity | \$25 per person

Register online at: bgchendersonvo.org/events/

Or call 828.693.9444

#### HAND & FOOT MARATHON | SIGN UP NOW

Sign ups for the Hand & Foot Marathon are now open! The format is limited to 28 teams (of two). Play will begin in September and will continue through March 2022. New teams are welcome!

> Sign up with Lilly in the Admin Office or call 828.696.1962. Registration Closes when 28 teams are formed or on July 21.

Cocktails: 5:30 | Dinner: 6 | Game: 7

Looking to join a team for next month? Call Blair Halstead at 828.696.1962 ext 1317

#### TRIVIA WINNERS



June Winners | Les Quizerables Dirk & Carol Novosad, Jenny Mishkin, Bonnie Van Cleven, Marion & Richard Washer

#### MUSIC BY IZZI HUGHES | JUNE 3



#### Reservations from 6 PM - 8 PM

Enjoy some music during dinner service featuring local star, Izzi Hughes! To make your reservation call the Fazio Pub at 828.696.1962.

#### WELLNESS LUNCH & LEARN | JUNE 4



#### 11:30 AM | Lunch 12 PM | Seminar

Join our very own Champion Hills personal trainer Mike Scherwitz for lunch. He will discuss the importance of functional fitness training.

#### NATIONAL DONUT DAY | JUNE 4



#### 9 AM - 11 AM | While Supplies Last

Swing by the Clubhouse to celebrate one of the best days of the year.....

#### NATIONAL DONUT DAY!

We will have Hendo Donuts to share.

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#### June 12 6 PM - 10 PM



Dance the night away to live music

#### from Moon Dance

Semi-Formal Attire/Jackets Encouraged



Register on chmember.com and select your meal preference

#### OTHER UPCOMING EVENTS

#### Vineyard Tour | June 10

Join us on a tour of the area's vineyards where you can enjoy an exquisite variety of wines and breath-taking mountain views including: Stone Ashe Vineyard & Marked Tree Vineyard

#### Grill on the Turn | June 19

Join us on the patio for a summer cookout and lawn games. Open to all members!

#### Ladies' Night Out | June 23

Just a fun evening full of laughter, food and friendship! Stay tuned for more information on special programming for the evening.

#### Men's Night Out | June 30

Take a break and just relax at this month's Men's Night Out. With beverages, cigars and a meal from our Culinary Team, you are sure to have a great evening.

With cookout season right around the corner, here's a great simple side dish that you can toss together for your next summertime get together. This salad is best served the day after its made, so the dressing and ingredients can really come together, and you can always add whatever fresh produce you might find at the local Farmers Market. Some great additions include spring onions, shaved radishes, crisp bell peppers, or even roasted garlic cloves. Enjoy

#### FINGERLING POTATO SALAD

2 lbs. fingerling potatoes, cut in half lengthwise1 red onion, sliced thinly5 bacon slices, cooked and crumbled1 celery, small dice

Cook potatoes in salted water until fork tender and cool.

Combine with onions, bacon, and celery and dressing to taste. Allow flavors to develop for at least 4 hours, preferably overnight, and adjust seasoning as needed.

- POTATO SALAD DRESSING 1/2 cup mayo
- <sup>1</sup>/<sub>4</sub> cup olive oil
- 4 tablespoons whole grain mustard
- 5 tablespoons cider vinegar
- 1 shallot, minced
- 3 tablespoons parsley, chopped
- 1 tsp thyme, chopped
- 2 tablespoon dill, chopped
- 2 tsp salt
- 1 tsp pepper

Whisk to combine, taste for seasoning and reserve.



#### MESSAGE FROM CHEF BLAKE

Summertime is upon us and I'd like to welcome everyone back to Champion Hills. We have a great season ahead of us, and I'm excited to share it with all our great staff and membership. My main goal is to provide a great, consistent dining experience for our Members and guests, and I'm always glad to answer and questions you might have about what's going on here in the kitchen. Feel free to reach out anytime, I look forward to seeing you around the Club soon!







#### FOURTH OF JULY COOKOUT

#### Sunday, July 4 5:30 PM | Cocktails 6 PM | Dinner

Lunch will be provided on the course for the golf tournament. All members are invited to the evening cookout celebration at the Clubhouse.

#### MENU

Garlic and Herb Roast Beef with Chimichurri Sauce Brined BBQ Chicken Thighs Hickory Smoked Pulled Pork Summer Succotash Mustard – Dill Potato Salad Marinated Vegetable Salad Garden Salad Fresh Fruit Cups

Pickles, Shaved Onions, Sweet BBQ Sauce, Alabama White BBQ Sauce, SC Mustard BBQ Sauce White Bread, Onion Rolls

> Plated Dessert Choice of : Apple Tartelette a la mode Double Fudge Brownie a la mode Flourless Chocolate Torte

(Upon preorder, we can have a piece of seared salmon or grilled chicken for special dietary requests/needs)

Please Preorder all special requests by Thursday July 1st

#### TIP FROM THE PRO: SETUP DICTATES BALL FLIGHT

#### by Kevin Hankey, PGA

If you've been around the game long enough you have probably heard that golf is a game of opposites. This is absolutely true when trying to find the optimal setup position for your swing. Pay attention to your tendencies and make setup adjustments until your ball flight becomes ideal. The adjustments can be quite simple but probably go against your instincts.

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If you are a right handed player that consistently curves the ball to the right you may think to align yourself further left to compensate, but this will make the dreaded "banana ball" curve even more! Aligning further left will make your stance "open" to your target and encourage an open face grip, which will create the side spin that makes your ball curve to the right. Try setting up with the clubface pointed at the target and your feet and shoulders aligned further RIGHT than what you are used to. This will naturally put you in a more "closed face" position and will encourage a straighter, or right to left ball flight.

A perfect swing with a flawed setup will not produce a consistent ball flight. Experiment with your setup position and spend more time in the fairway.

Looking for some new clubs? The best way to try out the latest and greatest equipment is at one of our upcoming demo days or by stopping by the golf shop to try a demo club. We have all the latest products from Callaway, XXIO, and TaylorMade. Stop by the golf shop for more information.







#### **OPENING DAY WINNERS**

#### **Ladies Winners**

Gloria Wasserman, Vicki Carpenter Bertie Woods & Margaret Mellott

#### **Men's Winners**

Stan McFarland, Jerry Coluccelli Jerry Smith & Alan Wasserman

### Congrats to all the Members who recently made a Hole- In-One!

Mike Corbett – Hole #2 Champion Hills – April 11

Pat Petillo – Hole #9 Champion Hills – May 9

Craig Alper – Bellerive Country Club, St. Louis MO – May 14

Bob Bradham – Hole #4 Champion Hills – May 19

Lee Weber – Hole #9 Champion Hills – May 20

Paul Kays - Hole # 2 Champion Hills - May 22

#### **UPCOMING EVENTS**

Sunday, June 6 | Sunday Couples Golf Tuesday, June 8 | Ladies Western Golf Association Saturday, June 12 | Match Play Begins Friday, June 18 | Champion Guest Day Sunday, June 20 | Father's Day 9 & Dine June 22 & 24 | Ladies' Queen Bee Sunday, July 4 | 4 Clubs on the 4th Friday, July 9 | Club Championship Begins

Please contact the professional staff or visit ForeTees if you have any questions regarding any of the upcoming events.

Tennis truly is the sport for a lifetime. To make sure that you continue to excel in the game as you age, follow these USTA tips:

#### **Keeping Fit**

Here's the bottom line for anybody who wants to play well into middle age, and beyond: be fit, or suffer the consequences. Conditioning preordains much about any player's game, but it becomes even more paramount with age. Sure, anybody with a booming serve or knockout ground strokes will always have a fighting chance – especially in doubles, where there's less real estate to cover – but generally speaking, staying in top shape allows for the speed, flexibility and power everybody requires on the court.

#### **Adjust Expectations**

Even for supremely fit players, with age comes the necessity to adjust expectations and goals, perhaps even letting go of a results-oriented mindset. Take pride in playing well, working hard, fighting back from the brink of a lopsided defeat (even if you lose again) and leaving it all on the court.

#### **Align Body and Mind**

With the inevitable decline in speed, strength and stamina come necessary changes in the X's and O's of tennis. As you get older you don't have the kill shot you used to have. You have to adjust your brain and look to frustrate your opponent and play smart. This is where high-percentage play comes in; you have to put the ball in the right place.

#### **Use the Resources**

For optimum performance and comfort be smart about how you prepare your body for a match and how you recover. Fueling up properly before and during a match is essential: a protein shake or other sustenance 30 to 60 minutes before a match and bananas, dried fruit or a sports drink during competition can stave off the dreaded glucose shakes and keep your energy level from lagging.

#### Living with Injury

Even professional players struggle with short- and long-term injuries, but for older players, it's increasingly important to find the sweet spot between keeping active and letting the body recover from both exertion and injury. Every tennis player relishes the intensity of competition, but it's important to recognize when a serious or potentially serious injury has occurred, or worsened.

Don't be a hero, if you hurt yourself, or feel something is hurt, don't play through it. Get it seen, rest it up, and live to fight another day. Even the pros eventually succumb to age. It's how we fight and acknowledge the clock that determines how well and for how long we can continue to play the game the way we'd like. And it's essential to bear in mind that with its age-based tiers (35-and-up, 45-and-up, etc.), tennis is designed for participation by players of all ages.

#### Get out there and enjoy the game of Tennis at any age!

#### **CHAMPION HILLS TENNIS CLINICS**

Monday 8:30-10 am Cardio Clinic

Suitable for intermediate to advanced players

Monday 10:15-11:15 am | Tennis 101

Suitable for beginners or those getting back into the game

Monday 5:30-7 pm | Men's Evening Clinic

Thursday 5:30-7 pm | Ladies Evening Clinic

Saturday 8:30-10 am USTA Clinic Open to those on a USTA team

To book a private or semi-private lesson contact Nicole Bumgarner at 828-507-6062

#### WIMBLEDON THIRSTY THURSDAY WATCH PARTY | JULY 8

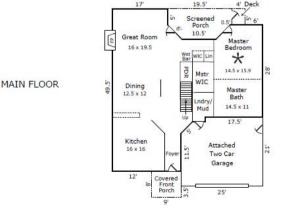
Join us in for a Wimbledon themed watch party at Thirsty Thursday. Featuring special bar bites and drink specials to get you in the festivities for tennis.

#### LISTING OF THE MONTH 16 LACOSTE DRIVE | \$535,000 | 2,576 SQ FEET

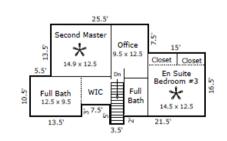


#### Features and Upgrades:

- 3 Bedrooms; 3 1/2 Baths
- Great location; Walk to the Clubhouse & all Amenities
- Authentic Arts & Crafts Style Cottage
- Landscaping is Included in Fees
- Light & Bright, Open Floorplan
- Huge Kitchen, Loads of Hickory
  Cabinetry & Granite Tile Counterspace
- Master on Main
- Second Master Suite & Another Bedroom/Bath Upstairs
- Loft Area Perfect for Office or Den
- Lovely Screened Porch with Winter Mountain Views
- New Windows in 2006
- New HVAC in 2008
- New Roof in 2012
- New Paint Exterior & Most of Interior in 2018







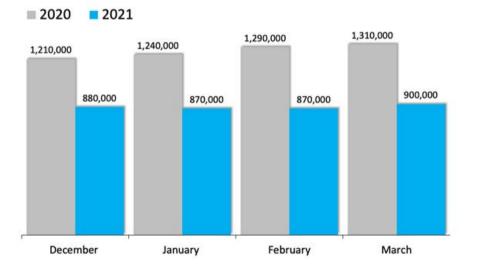
Click Here to View Full Listing

# REAL ESTATE



Homebuyers are flooding the housing market right now to take advantage of record-low mortgage rates. Many have a sense of urgency to find a home soon since experts forecast a steady rise in both rates and home prices this year and next. As a result, buyer demand greatly outweighs the current housing supply. Here's how the shortage of houses for sale sets yours up to be the oasis in an inventory desert.

According to the National Association of Realtors (NAR), today's housing inventory sits at an incredibly low 2.1 - month supply, far below the 6-month mark for a neutral market. Inventory of single-family homes a year ago was already very low, and as you can see in the graph below, this year's levels are even lower:



#### **Inventory Levels: Single-Family Homes**

Due to these market conditions, today's buyers frequently enter fierce bidding wars while trying to purchase a home. This in turn drives up home prices and gives sellers incredible leverage in the negotiation process, two big wins if you're going to sell your house this year.

#### **Bottom Line**

In such a hot market, it can feel as though the supply of homes has virtually dried up, leaving buyers to wander in an inventory desert. That's why there's never been a better time to sell. To a parched buyer needing to secure a home as soon as possible, your house could be a true oasis.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Clubhouse Closed	2 Trivia Night	<sup>3</sup> Thirsty Thursday Music by Izzi Hughes	4 Donut Day Wellness Lunch & Learn	5
6 Brunch	7 Clubhouse Closed	8 Burger & Ribs Night	9	10 Vineyard Tour Thirsty Thursday	11 Sip & Serve Tennis Mixer	12 Midsummer Night's Dream Gala
13 Brunch	14 Clubhouse Closed	15 Pasta Night	16 New Menu Launch	17 Thirsty Thursday	18 Champion Guest Day	19 Grill on the Turn
20 Father's Day Brunch 9 & Dine	21 Clubhouse Closed	22 Queen Bee Burger & Ribs Night	23 Ladies' Night Out	24 Queen Bee Awards Lunch Thirsty Thursday	25	26
27 Brunch	28 Clubhouse Closed	29 Pasta Night	30 Men's Night Out			