

HEALTH OF THE COMMUNITY & CLUB

The past two months have certainly tested all of us on how we respond to an ever changing environment. I am proud to say that the Champion Hills Staff embraced the challenge, changed course and continued to support our Membership in every way possible, and here are a few of the examples:

The Food & Beverage Operation revamped their department with menu offerings, casseroles, take out, home delivery, and increased safety precautions.



Golf Operations followed Governor/CDC orders to ensure golf restrictions were in place and communicated via emails, starters and flyers.

We were able to cross-train several staff members so they continued to receive a proper paycheck and allowed them to find appreciation for fellow co-workers while walking in their shoes. It is great to bridge the gap between departments for an even stronger team morale.

Club Connection Emails were emailed out twice a week for continued engagement with fun activities and videos. Did you watch the Ted Talk video? Try something new for 30 days? I took it to heart and for first time EVER, I completed two 30 Day Challenges, so I am on a roll.

We became Zoom meeting experts and have used it as a means to keep our lines of communication open for Management, Board & Committee Meetings. We have also had staff call all Club and POA members to check in and see if there was anything we could do to help. These calls made our staff so happy to hear your friendly voices on the other end of the line.

We didn't need to cancel the Easter Bunny, just needed to social distance. Our F&B Team broke out the Easter Bunny costume and visited members for Home Deliveries and Take out orders, which was very well received.

The fun Easter Jib Jab card which was sent out on Saturday prior to the holiday put a smile on everyone's face (we had close to 800 views on that alone).

We set up a drive through, complimentary "Peanuts Style" Sweet Treats and Support event to spread some cheer. Thank you to all of the Members who came by the club.

I have had a chance to play golf with Members and get to know you better, which I have thoroughly enjoyed even if we can't shake hands on the #18th green. I look forward to joining more of you on the course.

I also would like to thank the Members who created a volunteer group to assist other members who might not be comfortable shopping or picking up prescriptions. We are a community full of heart and it shows, especially during these times.

We will continue to work on how we move through each phase of recovery safely and successfully.

The other day I was watching clips of past commencement speeches, due to the fact they unfortunately will not take place this May for all of our graduates. One of the comments resonated with me and how it related to staff at Champion Hills. The speaker told a coliseum full of eager graduates "You don't need to figure out what you are going to do, figure out why you want to do it". Our staff is here everyday for you and it is rewarding for all of us to know that you are safe, you have a solid support system within our community and that we will get through this together, stronger.

We look forward to seeing you back at the Club when the time is right!

Take care, Dana

Note: For updated operational hours please refer to the back cover.

HOW TO PREVENT OR REDUCE FATS, OILS, AND GREASE (FOG) FROM DAMAGING YOUR HOME AND THE ENVIRONMENT

Fats, Oils and Grease aren't just bad for your arteries and your waistline; they're bad for sewers too!

Sewer overflows and backups can cause health hazards, damage home interiors and threaten the environment. Each year there are more than 15,000 sewer overflows in North Carolina. Many of these overflows are directly related to the improper disposal of oil and grease. Grease gets into the sewer from household drains as well as from poorly maintained grease traps in restaurants and other businesses. Grease congeals on the inside of sewer pipes, which causes wastewater to flow back into homes and businesses or directly into waterways.

Where does grease come from?

Most of us know grease as the by-product of cooking. Grease is found in such things as:

- Meats
- Lard
- Cooking Oil
- Shortening
- Butter and margarine
- Food scraps
- Sauces
- Dairy products

Too often grease is washed into the plumbing system, usually through the kitchen sink. Grease sticks to the inside of sewer pipes (both on your property and in the streets). Over time, the grease can build up and block the entire pipe.

Home garbage disposals do not keep grease out of the plumbing system. These units only shred solid materials into smaller pieces and do not prevent grease from going down the drain. Commercial additives, including detergents that claim to dissolve grease, may pass grease down the line and cause problems in other parts of the Community's sewer system.

The results can be:

- Raw sewage overflowing into your home or into your neighbor's home resulting in an expensive and unpleasant cleanup that often must be paid by you, the homeowner
- Raw sewage overflowing into parks, streams, yards, and streets increasing the potential for human contact with disease-causing organisms found in sewage
- Increases in the cost to operate and maintain the Community's sewer system, which means our members may pay higher sewer fees

What can you do to help?

The easiest way to solve the grease problem and to prevent overflows of raw sewage is to keep this material out of the sewer system in the first place!

There are several ways to do this:

- 1. Never pour grease down sink drains or into toilets
- 2. Scrape all grease and food scraps from trays, plates, pots, pans, utensils, grills and cooking surfaces into a can or the trash for disposal (or recycling where available)
- 3. Do not put grease down garbage disposals. Put baskets/strainers in sink drains to catch food scraps and other solids; empty the drain baskets/strainers into the trash for disposal
- 4. Speak with your friends and neighbors about the problem of grease in the sewer system and how to keep it out. Call the Champion Hills Grounds Department or the City's Water and Sewer Department, Field Operations division, if you have any questions.

Craig Galloway
Director of Grounds Maintenance
Champion Hills POA
Phone:(828) 696-8923
Email:Craig@championhills.com

Wastewater Department 5 Pine Shadow Drive Hendersonville, NC28739 POA ADVICE





SWEET TREATS & SUPPORT: "PEANUTS" STAND





WELCOME MARY WHITE!



We are pleased to announce that Mary White has accepted the position of Controller and officially joins our team on May 11.

Originally from Staten Island, Mary relocated to Florida and lived there until relocating to Brevard with her husband in 2019. Mary comes to us with a wealth of private club experience having worked as Controller for Stonebridge County Club in Boca Ratonfor twenty-one years.

Mary and her husband, Brian, have a new grandchild that lives in nearby Morganton, NC. In her free time, she loves reading, crocheting, music and cross stitch. She has a passion for animals and also sings with her husband in the Transylvania Choral Society.

She looks forward to meeting each and every one of you soon!



CHAMPIONS CLOCK

This amazing addition to our driving range was donated by an anonymous member who wishes to celebrate the "positive and winning spirit of the members and staff of the Champion Hills Club."

Thank you!





ANNUAL BLOOD DRIVE

Champion Hills will be hosting a Blood Drive on June 8th from 12:30 pm - 5:00 pm.

To sign up please contact Sue Marker at 828-692-7583 or suemarker@bellsouth.net.

CHEF'S TV PICKS

Calling all foodies! Are you looking for a new show or movie to digest? Check out some of our Food & Beverage Staff favorites:



CHEF (THE MOVIE, 2014)

After a controlling owner (Dustin Hoffman) pushes him too far, chef Carl Casper (Jon Favreau) quits his position at a prestigious Los Angeles restaurant. As he tries to figure out what his next step should be, he finds himself in Miami. Carl joins forces with his ex-wife (Sofía Vergara), best friend (John Leguizamo) and son (Emjay Anthony) to launch a food-truck business, and the venture provides a chance to reignite his passion for cooking -- as well as his zest for life and love.



THE CHEF SHOW (2019)

Chef Roy Choi worked on the 2014 movie "Chef," which starred Jon Favreau, who also wrote and directed the flick. Choi and Favreau reunite for this cooking travelogue series. The friends travel to different locales around the world and celebrate different flavors, cultures and people. They experimentwith their favorite recipes and techniques, collaborating with some of the biggest names in the entertainment and culinary industries. Favreau and Choi not only embrace their passion for food, but they also showcase their love of bringing people together for a delicious meal. On the journey, the duo shares a meal with members of the "Avengers" cast in Atlanta and smokes brisket in Texas with renowned pitmaster Aaron Franklin.



BURNT (2015)

Adam Jones (Bradley Cooper) was once a top chef in Paris until drugs and alcohol led to a meltdown that put his career on hold. After moving from New Orleans to London, Adam gets a shot at redemption when his former maitre d' [Daniel Brühl] reluctantly hires him as the head chef of his fine-dining restaurant. Demanding perfection from his newly formed staff [Sienna Miller, Omar Sy], the acerbic and temperamental Jones gets a second chance to fulfill his dream of earning a third Michelin star.

What a perfect time to sit on the porch with an amazing cocktail and appetizer! Here are our inspirations for this season!

PEACH ROSÉ SANGRIA

- 1 bottle rosé wine
- 1/4 cup brandy or peach brandy
- 1 cup peach juice or nectar
- 3 peaches, pitted and sliced thin
- 1/2 pint raspberries, washed
- Sparkling water

INSTRUCTIONS

- 1. Add the sliced peaches and raspberries to a pitcher. Pour the rosé, brandy and peach juice over the fruit. Stir to combine. Refrigerate for at least an hour or longer.
- 2. Pour the sangria along with some of the fruit into glasses. Top with sparkling water and garnish with a fresh peach slice.

FIG, GOAT CHEESE & PROSCIUTTO CROSTINI

- 1 loaf fresh baguette (cut into 12 slices)
- 1/4 cup olive oil
- 1/4 teaspoon salt
- 4 ounces goat cheese, plain, at room temperature
- 12 tablespoons Bonne Maman Fig Preserves
- 12 slices of prosciutto
- Fresh arugula

INSTRUCTIONS

Preheat oven to 375°F.

Slice 12 $\frac{1}{2}$ -inch slices of bread from the baguette. Place on a baking sheet, and brush generously with the olive oil. Sprinkle a little salt if desired on each slice.

Bake for about 10 mins, or until crisp and slightly golden. Remove from oven and cool slightly.

Spread goat cheese on each crostini. Spread about a tablespoon of Bonne Maman Fig Preserves on top of the goat cheese.

Fold the slices of prosciutto neatly and place on top of each crostini.

Lay fresh arugula leaves on top of each crostini to taste.



Executive Sous Chef, Blake Johnson, has been accepted into the TROON Leadership Program for 2020!

The TROON Leadership Program is a 12 month comprehensive leadership development program designed to prepare Troon leaders for higher level roles in the industry. Acceptance to the program is a great accomplishment, as it is highly competitive and all candidates must be nominated by a mentor.





SATURDAY LOTTERY FOR TEE TIMES BEGINS MAY 9

The lottery for tee times on Saturday will begin on May 9 and will run through the month of October. There will be 3 tee times set aside every Saturday morning that will be distributed by a weighted lottery. The weighted lottery favors the individual that has played the fewest rounds in the last 60 days.

A member may sign up with fellow members or up to 3 guests two weeks in advance. Names must be recorded when signing up as anything less than a foursome will subject the group to being paired up with someone else. A person may not sign up for more than one tee time.

How does the process work? Either call the golf shop or log on to ForeTees. If signing up on ForeTees, go to the Saturday tee sheet of the desired date that you wish to enter the lottery. On the tee sheet you will see a time that is blocked for "lottery". Although it appears to be only one time available there will be three times set aside. Click on the lottery button and follow the steps.

The lottery will be processed at noon on the Sunday before the Saturday desired play date. Tee times will be distributed and you will be notified by an email of your tee time. Members that were not successful via the lottery will be notified by phone and a tee time will be reserved, if they so desire, between 12:30 pm - 1:00 pm.

BEGINNING FRIDAY, MAY 1 THE PREFERRED LIE LOCAL RULE IS NO LONGER IN EFFECT.

UPCOMING GOLF EVENTS

some events have new dates

Memorial Day Event – Monday, May 25
Ladies' Opening Day – Tuesday, June 2
Men's Opening Day – Wednesday, June 3
Match Play – Begins on Saturday, June 6
Champion Guest Day – Friday, June 12
Queen Bee – Tuesday, June 23 & Thursday, June 25

Please contact the professional staff or visit ForeTees if you have any questions regarding any of the upcoming events.

DON'T FORGET TO SIGN UP FOR MEMBER-GUEST

Ladies' Member-Guest Registration | July 24 -26

Men's Member-Guest Registration | October 13 - 16

TIP FROM THE PRO: BECOME A MORE CONSISTENT PUTTER

by Craig Sparks



Keep your grip pressure light and constant throughout the stroke. Feel is obviously a huge part of putting and can be greatly reduced through tension in the hands. Also, if your grip pressure changes during the stroke, it's probably not "a stroke", more of a hit, caused by a change in the tempo of the stroke. Hold the finish to ensure good tempo and control of the putter head throughout the stroke.

Also, In order to keep the putter face square throughout the stroke, there should be no independent action in the hands. Therefore your hands should be controlled by the arms and shoulders. To see if your hands are

moving independently of the shoulders, as a drill, try watching your hands very carefully (instead of the ball) a few times. You'll see what your hands are doing quite easily and have a better understanding of what may be causing the face rotation through impact.

HOLES-IN-ONE UPDATE

Since the start of 2020 we have had three members get holes-in-one! Help us congratualte these amazing golfers that we have right in our backyard!

> March 14 - Chuck Jewett | 2nd Hole | 125 yards March 27 - Todd Headley | 4th Hole | 180 yards April 19 - Richard Kemp | 2nd Hole | 121 yards

WELCOME KEVIN HANKEY!



We are pleased to announce that Kevin Hankey has accepted the position of Assistant Golf Professional and will officially join our team on May 5.

Kevin is a PGA Member and is originally from Pittsburgh, Pennsylvania. He graduated from Penn State University with a Recreational Park Management degreé in 2004.

Kevin and his wife, Sarah, with their two children, Ben and Olivia, have spent the last 13 years in Hilton Head, South Carolina where Kevin was the Head Golf Professional at Oldfield Club.

Kevin is passionate about helping others find their love of the game of golf. His other interests include hiking, biking, conservation, fishing, and overall wellness. Kevin and his family recently moved to Brevard and he is excited to bring his years of golfing experience to

Champion Hills.

QUARANTINE ACTIVITIES

As we begin to go a little stir-crazy I thought to best to compile some of the best quarantine activities.

- <u>Pressed Flower Art</u> Even though it feels like time itself has stopped, spring is arriving and flowers are blooming all over Champion Hills. Keep a little piece of spring year-round with your own pressed flowers. This is my favorite suggestion!
- Complete a puzzle: The more pieces the better! Feeling extra saucy? Take on a Rubik's Cube. More of a word person? Crossword puzzle!
- Watch all the really long movies you've avoided until now.
- Put together the most attractive charcuterie board possible, but you can only use foods you already have in your fridge and cupboard.
- Have a space in your home where all of the tupperware goes? Organize it and actually match lids to containers.
- Take time to reflect: What have you accomplished in the last year? What goals are you setting for yourself in the next year?
- Throw out all your too-old makeup and products. (Tip: most liquid products have a small symbol on them noting expirations, usually six months to a year. This includes sunscreen!)
- Create a playlist of songs that lift your spirits and get your toes tapping! Here are 25
 to get the ball rolling.
- 1."Happy," Pharrell (2013):this song brings the positivity.
- 2. "Better Be Good to Me," Tina Turner (1984):If there's a bad Tina Turner song, I have yet to hear it.
- 3. "Blessed," Elton John (1995):"I promise you that, promise you that, promise you that // You'll be blessed." Thanks, Elton.
- 4. "Neutron Dance," Pointer Sisters (1983):Those shoulder pads! Vintage 1980s.
- 5. "24K Magic," Bruno Mars (2016):Hard to pick just one Bruno Mars song ...
- 6. "Rainbow," Kacey Musgraves (2018):A good reminder that there's a rainbow waiting for us on the other side of troubled times.
- 7. "Good as Hell," Lizzo (2016):Lizzo knows her worth. Do you?
- 8. "I Feel for You," Chaka Khan (1984):"Let me rock you, that's all I wanna do"
- 9. "You Make My Dreams," Daryl Hall and John Oates (1980):Love that 'stache, Oates.
- 10. "Don't Stop Me Now," Queen [1978]:dance!
- 11. "You Got It (The Right Stuff)," New Kids on the Block (1988):My little sister totally had a crush on Joey.
- 12. "Shiny Happy People," R.E.M. [2003]:There's that word again ... happy.
- 13. "Can't Feel My Face," The Weeknd (2015):"But I love it, but I love it, oh"

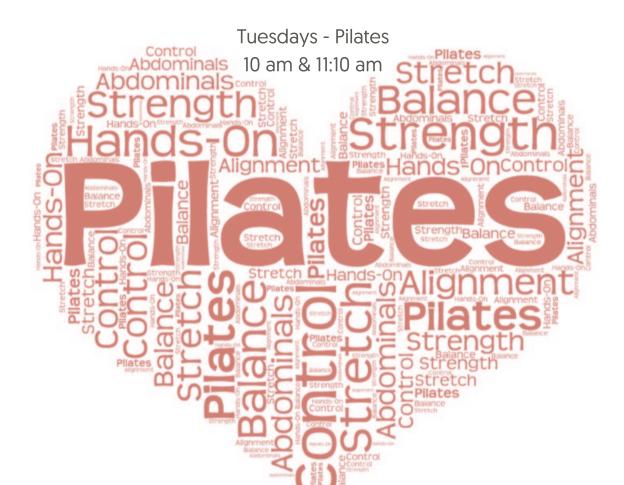
- 14. "Count Your Blessings," Nas and Damian Marley (2010): "Give thanks to the master"
- 15. "Three Little Birds," Bob Marley and the Wailers (1984):The calming vibes and lyrics like "Every little thing's gonna be alright" is a welcome escape.
- 16. "Swingin'," Tom Petty and the Heartbreakers (1999):No need to be Petty, now or ever.
- 17. "Shining Star," Earth, Wind and Fire (1975):"You're a shining star // No matter who you are"
- 18. "Everyday People," Sly and the Family Stone (1969):We're all in this together.
- 19. "Dancing Queen," Abba (1976):We saw you jamming to this one at the grocery store.
- 20. "Come Together," The Beatles (1969):The right message at the right time.
- 21. "Margaritaville," Jimmy Buffett (1977):We could all use a margarita or three right about now.
- 22. "Little of Your Love," HAIM (2017):"You gotta give me just a little of your love, baby"
- 23. "Friends in Low Places," Garth Brooks (1990):We're singing "I'll be OK" a little louder
- 24. "The Glory," Kanye West (2007):One of many hits from Kim Kardashian's hubby.
- 25. "Don't Stop Believin'," Journey (1981):"Just a city boy // Born and raised in South Detroit // He took the midnight train goin' anywhere"



EXERCISE CLASSES ON THE LAWN

In an effort to maintain safe social distancing during this time of getting back to a normal life begining May 11 we are offering two exercise classes on the event lawn. Each class will be limited to 9 people (plus the instructor) and that will be monitored and enforced for your safety. All members participating in the class must provide their own equipment. Sign up for one of our classes today!

Mondays - Yoga On the Lawn 10 am & 11:10 am



LISTING OF THE MONTH

6 LaCoste Drive | \$ 495,000 | 2,752 SQFT



Charming Club Cottage, first time on the market and just steps away from all the Club amenities! Lovely open floorplan, large rooms and great kitchen. Enjoy the brick and stone masonry, gas log fireplace on cool evenings or rock away on the covered porch on the warmer ones. Also, covenienlty located on the main level are the master suite and laundry

Upstairs are two bedrooms, a bath and spacious office/family room. Just 8 minutes to downtown Hendersonville and all it has to offer, dining, galleries, breweries, grocery stores, live entertainment and good medical care. Come see what makes us special!





For more information please feel free to reach out to Beverly-Hanks Agents, Mary Kay Buhrke or Amber Saxon 828.693.0072 | ChampionHillsTeam@Beverly-Hanks.com

HOW TECHNOLOGY IS ENABLING THE REAL ESTATE PROCESS

Today's everyday reality is pretty different than it looked just a few weeks ago. We're learning how to do a lot of things in new ways, from how we work remotely to how we engage with our friends and neighbors. Almost everything right now is shifting to a virtual format. One of the big changes we're adapting to is the revisions to the common real estate transaction, whichall vary by state and locality. Technology, however, is making it possible for many of us to continue on the quest for homeownership, an essential need for all.

Here's a look at some of the elements of the process that are changing (at least in the near-term), due to stay-at-home orders and social distancing, and what you may need to know about each one if you're thinking of buying or selling a home sooner rather than later.

- 1. Virtual Consultations—Instead of heading into an office, you can meet with real estate and lending professionals through video chat. Whether it's your first initial needs analysis as a buyer or your listing appointment as a seller, you can still get the process started remotely and create a plan together. Your trusted advisor is still on your side.
- 2. Home Searches & Virtual Showings— According to the National Association of Realtors (NAR), the Internet is one of the three most popular information sources_buyers use when searching for homes. Your real estate agent can send you listing information and help you

request a virtual showing when you're ready to start looking. This means you can virtually walk through the homes on your wish list while keeping your family safe. As a seller, you can still have virtual open houses and virtual tours too, so as not to miss those buyers looking to find a home right now.

3. Document Signing— Although this is another area that varies by state, today more portions of the transaction are being done digitally. In many areas, your agent or loan officer can set up an account where you can upload all of the required documents and sign electronically right from your computer.



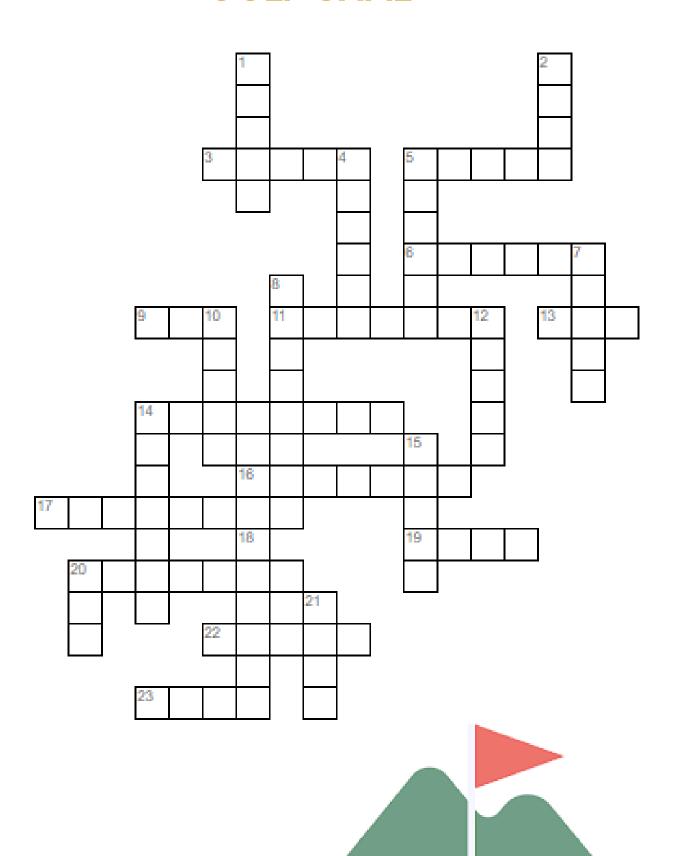
- 4. Sending Money— Whether you need to pay for an appraisal or submit closing costs, there are options available. Depending on the transaction and local regulations, you may be able to pay by credit card, and most banks will also allow you to wire funds from your account. Sometimes you can send a check by mail, and in some states, a mobile escrow agent will pick up a check from your home.
- 5. Closing Process—Again, depending on your area, a mobile notary may be able to bring the required documents to your home before the closing. If your state requires an attorney to be present, check with your legal counsel to see what options are available. Also, depending on the title company, some are allowing drive-thru closings, which is similar to doing a transaction at a bank window.

Although these virtual processes are starting to become more widely accepted, it does not mean that this is the way things are going to get done from now on. Under the current circumstances, however, technology is making it possible to continue much of the real estate transaction today.

Bottom Line

If you need to move today, technology can help make it happen; there are options available. To learn about the specific regulations in your area, contact our on-site real estate professionals to discuss your situation, so you don't have to put your real estate plans on hold.

GOLF GAME



3

ACROSS	5	Getting the ball in the hole one stroke over par
	6	A fairway that curves left or right from where you tee off to the hole
	9	A hole in one
	11	The position you take when you are ready to hit the ball
	13	The short wooden peg on which you place the ball when starting each hole
	14	When you get to take a bad shot over
	16	The area between the teeing ground and the green, except for the rough and hazards
	17	A large sand-filled area, also called a sand trap
	19	A short shot from just off the green
	20	If you do something wrong you must add one or two of these strokes to your score
	22	The person who had the lowest score on the previous hole is said to have the tees off first on the next hole
	23	The warning word you shout if your ball is headed toward another person
NMOO	1	A hole in the grass made by your club when you hit the ball
	2	The player whose ball is farthest from the hole
	4	Any bunker or water
	5	Getting the ball in the hole one stroke under par
	7	The putting area with very short grass where the hole is located
	8	A method of adding or subtracting strokes to allow players of all levels to
	10	Getting the ball in the hole in two strokes under par
	12	A golf shot that curves sharply to the right
	14	When you put a small coin or marker behind your ball on the green you are
	15	When each hole is a separate contest it is called play
	18	Any attempt to hit the ball
	20	The number of strokes it should take a good golfer to play a hole
	21	A golf shot that curves sharply to the left

The longer grass that lines each side of the fairway

OPERATIONAL HOURS

Admin Office | Monday - Friday | 9 am - 5 pm

Golf Shop | Tuesday - Sunday | 8 am - 6 pm

Golf Course | Tuesday - Sunday | 8:30 am - Dusk

Driving Range | Monday | 8 am - 1 pm | Tuesday - Sunday | 8 am - 6:30 pm

Short Range | Monday | 12 pm - 6 pm | Tuesday - Sunday | 8 am - 6:30 pm

<u>Dining Service - Take Out & Delivery ONLY</u>

Wednesday - Saturday | 11:30 am - 7 pm

Sunday | 4 pm - 7 pm

Fazio Pub Menu and Daily Specials

Check your F&B Buzz email each Monday or chmember.com for details

Wellness Center | Closed Until Further Notice

For workout ideas check out our Club Connections Emails

Please note these hours are subject to change due to necessity.

If you have any questions or concerns please feel free to call the Admin Office at 828.696.1962.

For the most up to date information, keep an eye on all Club communications.