

ECHOES

THE OFFICIAL NEWSLETTER OF CHAMPION HILLS



NOVEMBER 2025

championhills.com | [@ChampionHillsCommunity](https://www.instagram.com/ChampionHillsCommunity) | 828.696.1962

A Message From the GM



Dear Champion Hills Owners / Members,

The holiday season is upon us, and Champion Hills is ready to celebrate with traditions, gatherings, and experiences that bring our entire community together. Throughout November and December, the Club will host countless opportunities to share the joy of the season with family, friends, and neighbors.

We begin November with a lineup of fun and flavorful events: Music Bingo, Trivia Night, Polish Pierogies with Chef Juba, and our Winebow New Zealand/Australia Wine Dinner. Later in the month, we'll

gather for Ladies' Night Out, Men's Night Out, National Apple Cider Day and Prime Rib & Oyster Night. We'll round out the month with our traditional Thanksgiving Day meal, with seatings beginning at 11 AM.

In addition to these holiday happenings, beginning in November our weekly dining schedule will shift to Wednesday–Saturday evenings for our regular menu service. On Tuesdays, we'll offer feature nights – Burger Night and Pasta Night.

As we embrace this season of gratitude, we are especially mindful of the dedicated team who make Champion Hills such a special place. Each year, the Holiday Fund provides an opportunity for members and residents to show their appreciation for our staff in a meaningful way. Many of our employees count on this fund to make their own holidays brighter, and your generosity has a direct impact on their ability to celebrate with their families. We cannot overstate the importance of this tradition – it is one way we, as Champion Hills, come together to recognize and say thank those whose hard work and commitment ensure the quality of your experiences all year long.

As the holiday season unfolds, may your days be filled with joy, peace and moments of togetherness. We look forward to celebrating with you, honoring traditions and creating new memories that will last for years to come. So, from our family to yours, we wish you a wonderful holiday season.

See you around the Club,

Alan Deck, CCM, PGA
GM/COO

MIKE & PATTY DEPAUL

WHERE ARE YOU FROM?

We moved here from Baton Rouge, LA. Patty was born and raised in New Orleans. Mike is originally from Connecticut.

ARE YOU IN CH FULL-TIME OR SEASONALLY?

We are happy to be full-timers in Champion Hills as we enjoy all four seasons.



WHAT ARE YOUR FAVORITE ACTIVITIES / HOBBIES AT CHAMPION HILLS?

Thirsty Thursday, Tennis, Pickleball, Golf and Music Bingo...to name a few.

WHAT IS ONE FUN / INTERESTING FACT ABOUT YOURSELVES?

We first met in the back of a van, on the way to a Disco...and Mike does not dance.



Meet The New Pup on the Block...



OWNERS: CHUCK & TAMMARA DARNELL

PET'S NAME:

Buckeye.....Named after the Yellow Buckeye tree which is native to WNC. He's named after a native tree, likely his buddy Sassafras.

AGE AND BREED:

5 months old; West Highland White Terrier.

FAVORITE TOY:

To Buckeye, EVERYTHING is a toy. Anything he can get hold of....sticks, balls, pullies, and his best bud, Sassafras.

FAVORITE THINGS TO DO:

Going on walks in Flat Rock Park. Playing with the other pups. Napping with Daddy. Eating (he loves food more than any other dog we've had)

ADDITIONAL COMMENTS:

Sassafras and Buckeye are from the same clan. Sassafras is actually Buckeye's great Aunt. Buckeye is already growing up to be a Nature Nut, just like Chuck.



WHAT IS YOUR STORY? TELL US! ARE YOU A PROUD PET PARENT? WE'RE ALL EARS (LIKE BUCKEYE DARNELL).
NOW ACCEPTING 2026 MEMBER SPOTLIGHT & PET PROFILE SUBMISSIONS.

EMAIL JOSIE@CHAMPIONHILLS.COM FOR MORE DETAILS!

AROUND THE CLUB



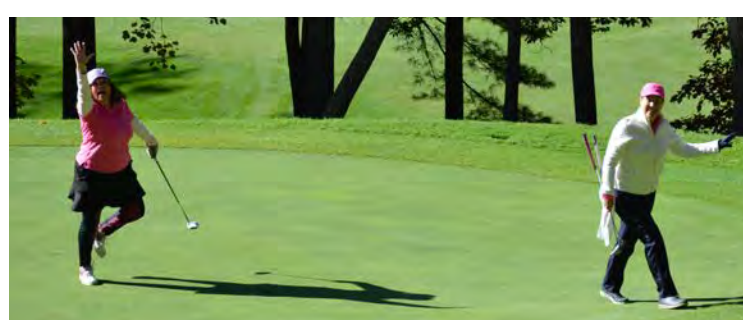
Courtesy of Jim Wilson



Courtesy of Chuck Darnell



Courtesy of Ed Kearns



Congratulations to Champion Hills' very own, Peter Howitt and his outstanding achievement as a 2025 Nobel Prize Winner in Economics!

We look forward to a future event where we get to learn more about Peter's experience.

Details to be announced.





CHAMPION HILLS ANNUAL FOOD DRIVE

NOVEMBER 3- 21 (Early donations welcome!)

This holiday season, support families within Henderson County by donating non-perishable food to benefit local non-profit, IAM (Interfaith Assistance Ministry). Donation bins will be placed in the Clubhouse Administrative office & Wellness Center.

ITEMS RECOMMENDED BY IAM

(Food packages must be sealed. Please check expiration dates. ALL expired items will be disposed.)

- | | | |
|----------------------|--------------------------|----------------------|
| • Cranberry Sauce | • Cream of Mushroom Soup | • Stuffing Mix |
| • Canned Hominy | • Fried Onions | • Canned Green Beans |
| • Corn Husk Packages | • Cake Mix | • Canned Corn |
| • Mesca Tamal | • Icing | • Canned Yams |
| • Canned Pumpkin | • Evaporated Milk | • Canned Fruit |
| • Gravy Mix or Jar | • Boxed Pie Crust | • Oatmeal |

BE AN ANGEL - TAKE AN ANGEL

It's that time of year again! Our Champion Hills Angel Tree is now on display in the Clubhouse lobby and is filled with the Champion Hills Angels (children of Champion Hills Club & POA employees). Once these are taken, Salvation Army Angels will be placed on the tree. Instructions are stapled to the back of each tag. All gifts are due back by December 1.

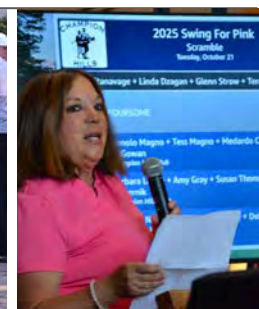


Prefer to make a monetary contribution? We will happily accept that too! Not only is the money used to fill the wishes of additional Salvation Army Angels, but we have helped with special needs kids' wishes for special reading and learning materials, toys for autistic kids etc. Just make your checks payable to Pam Roadman and mail to her at 207 Bent Pine Trace, Hendersonville, NC 28739 or drop off at the Clubhouse in the box next to the tree. Any remaining funds will be transferred to Kicks for Kids. For more information, please call or email us at:

Jean Calkin (513) 646-9490 jean.calkin@yahoo.com
Pam Roadman (781) 540-4705 pmroadman@yahoo.com

Swing for Pink

With your support, Swing For Pink raised over \$31,000 for Pardee Hospital Foundation and Women Helping Women! These funds will help local women receive necessary medical treatment and care during their time of need.



GOLF TOURNAMENT WINNERS
Hyler Stanavage | Linda Dzagan
Terry & Glenn Strow



WE LOOK FORWARD TO SEEING YOU AT THESE UPCOMING EVENTS!

NOV
4

MUSIC BINGO*

5 PM COCKTAILS | 5:30 PM - 7:30 PM DINNER | BINGO STARTS AT 7 PM

Join the latest craze to hit Champion Hills Club, Music Bingo! Don't miss a chart-topping evening of singing, laughing...and even some dancing.

NOV
5

TRIVIA NIGHT* | 5:30 PM

Can you defeat October's winners - "Still Deliberating"? Reserve your team's table with Shelly!

If you don't have a team and are interested in playing trivia, Shelly is happy to help.



JP Van Niekirk, Mike Pierce
Richard Kacik, Gerritt Kerkstra
Doris Tomlin, Elizabeth Kerkstra

NOV
7

POLISH PIEROGIES WITH CHEF CAROLINE | 3 PM

Join Chef Juba as she shares her grandmother's Polish pierogies. This is a hands-on demo - prepare to make your own pierogi & have fun!

NOV
12

LADIES' NIGHT OUT* | 5:30 PM

It's the last Ladies' Night Out of 2025! Enjoy an evening of laughter & libations with our lovely Champion Hills Club ladies!

NOV
18

NATIONAL APPLE CIDER DAY | 9 AM - 11 AM

Celebrate the season with complimentary apple cider & donuts at the Clubhouse.

NOV
20

THIRD THURSDAY MEET THE CANDIDATES | 4 PM - 6 PM

Meet as many Club & POA Board candidates able to attend!

NOV
26

MEN'S NIGHT OUT* | 5:30 PM

We invite the gentlemen of Champion Hills Club for an evening of great food & conversation!

UPCOMING DINING EVENTS

5 PM - 8 PM

PASTA NIGHT
NOVEMBER 18

PRIME RIB & OYSTER NIGHT
NOVEMBER 22

BURGER NIGHT
NOVEMBER 25

Champion Hills Holiday Events

CHAMPION HILLS CLUB HOLIDAY PARTY*
DECEMBER 5

LADIES' HOLIDAY TEA & CRAFT
DECEMBER 16

THIRSTY THURSDAY UGLY SWEATER PARTY
DECEMBER 18

NEW YEAR'S EVE CELEBRATION*
DECEMBER 31

VISIT CHMEMBER.COM FOR FULL DETAILS AND TO REGISTER.

*PLEASE NOTE THAT ALL OF THESE EVENTS ARE SUBJECT TO OUR 24-HOUR CANCELLATION POLICY.

NOVEMBER VINTNER OF THE MONTH



VINEYARDS & WINERY

J. VINEYARDS & WINERY PINOT GRIS
RUSSIAN RIVER VALLEY, CA

At J Vineyards, a commitment to quality begins in the vineyard, where all sparkling wine grapes are hand-harvested at night to preserve freshness and ensure optimal condition. The fruit undergoes an ultra-gentle pressing using rare Coquard presses—one of the few in California—to avoid bitterness and deliver a clean, refreshing mouthfeel. This meticulous care extends to their still wines as well, resulting in a consistently acclaimed portfolio that reflects both precision and passion.

The California Pinot Gris opens with delightful aromas of honeysuckle, tangerine and Kaffir lime leaf. This fruit-forward and layered palate has notes of ripe green apple, Meyer lemon and tart pineapple that blend with hints of florals and crisp minerality.

GLASS | 10 BOTTLE | 34

THIRSTY THURSDAY HOLIDAY WINE TASTINGS

NOVEMBER 6 | 4 PM - 6 PM

&

DECEMBER 4 | 4 PM - 6 PM

Discover the perfect wines to complement your holiday meals
or to gift to your favorite party host!



WINEBOW

FINE WINE + SPIRITS

AUSTRALIAN & NEW ZEALAND
WINE DINNER *

NOVEMBER 11 | 6 PM DINNER

Thanksgiving Day Buffet



NOVEMBER 27 | 11 AM - 1:30 PM

For your Thanksgiving Day reservation,
please contact Shelly at (828) 233-0973
or email shellym@championhills.com

RIEDEL



THE WINE GLASS COMPANY

RIEDEL GLASS PRESENTATION *

DECEMBER 10 | 3 PM - 4 PM

Come learn about the history of Riedel while we taste
through a lineup of wine. Light appetizers will be included.

\$70 per person

Limited to 12 | Each Recipient Takes Home 4 Riedel Glasses

VISIT CHMEMBER.COM FOR FULL DETAILS AND TO REGISTER.

*PLEASE NOTE THAT ALL OF THESE EVENTS ARE SUBJECT TO OUR 24-HOUR CANCELLATION POLICY.

THE WINTER MONTHS ARE APPROACHING- IT'S TIME TO GET BACK TO THE GYM!



INSTRUCTOR, MACKENZIE JONES

STRENGTH 45 | MONDAYS 8:15 AM & 9:15 AM

This 45-minute intermediate class will boost your strength using hand weights and mats. Each class will alternate between three different muscle groups. The class consists of abdominal routines, upper torso/arm routines, and glute/leg routines. This class is specifically designed to deliver a whole body, well-rounded, strength training workout. Each workout is choreographed to upbeat music of all genres to drive the class forward and keep your mind on the beat instead of the burn.

STRENGTH 60 | THURSDAY 9:15 AM

This 60-minutes advanced resistance training class uses hand weights and mats. Each class will alternate between three different muscle groups. It consists of abdominal routines, upper torso/arm routines, and glute/leg routines. This class is specifically designed to deliver a whole body, well-rounded, strength training workout. Each workout is choreographed to upbeat music of all genres to drive the class forward and keep your mind on the beat instead of the burn.

POWER SCULPT 45 | TUESDAY 9:15 AM

This is 45-minute energized strength training class that combines targeted muscle work with cardio breaks for a full body workout. Each interval style class will have quick cardio bursts followed by targeted strength training sections. This class is sure to push your limits!

JAZZERCISE DANCE FITNESS | WEDNESDAY 9:15 AM

Burn up to 400 calories with this high-intensity LOW-IMPACT dance workout that mixes modern moves with strength training. Set to Top 40 music, Jazzercise targets the 3 major muscle groups for a full body workout. This class is both fun and effective and can be modified for all fitness levels. You don't need to be a dancer to feel successful in this class!

SIMPLY STRENGTH | THURSDAY 10:30 AM

This is a gentle 45-minute functional strength training class. Using a chair for balance, lite weights, and small balls for extra resistance this class is designed for those new to strength training.

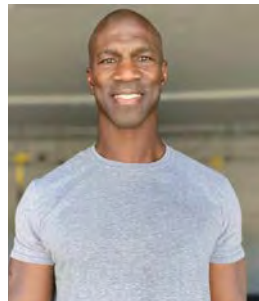
INSTRUCTOR, ELIJAH ASKEW

TABATA CIRCUIT | TUESDAY 10:30 AM

This 45-minute interval style is sure to challenge you. Each exercise in a Tabata workout lasts only four minutes and combines cardio and strength sections.

The structure of the program is as follows:

- Work out moderate to hard level for 20 seconds
- Rest for 10 seconds
- Complete 8 rounds



CARDIO TABATA STATIONS AMRAP | WEDNESDAY 8:15 AM & FRIDAY 8:15 AM

A 45-minute station tabata class. You will be guided through a variety of exercises using different equipment such as hand-weights, TRX straps, slam ball, kettlebells, and battle rope. This is AMRAP (as many reps as possible) class allowing each participant to work at their own personal exertion levels!

GOLF CORE | THURSDAY 8:15 AM

A 45-minute class that will target core muscle strength. This class will focus on core articulation, flexibility, and strength. Cross training to enhance your golf game!

PERSONAL TRAINING BY APPOINTMENT, CONTACT ELIJAH AT 828-450-2414.



INSTRUCTOR, LORETTA ZEDELLA

YOGA BASICS | TUESDAY 8 AM

A well-rounded and accessible yoga class with an emphasis on healthy posture and physical alignment. Increase flexibility, improve balance, build core strength, relieve back and neck pain, and de-stress. A great way to start the day. Beginners welcome!

SLOW FLOW + CORE YOGA | MONDAY 10:30 AM

This yoga class was designed with strength and fitness in mind. This class offers core focus movement helping in posture, balance, flexibility, and articulation. This class ends with Slow

Flow to focus on mindfully moving and breathing while holding poses longer. This class is suitable for all levels.

GENTLE YOGA | FRIDAY 9:15 AM

A well-rounded and accessible yoga class with an emphasis on healthy posture and physical alignment. Increase flexibility, improve balance, build core strength, relieve back and neck pain, and de-stress. A great way to start the day. Beginners welcome!

INSTRUCTOR, CATHY JUSTICE

STRENGTH THROUGH STRETCH | WEDNESDAY 10:30 AM & FRIDAY 10:30 AM

This 45-minute class will focus on balance, strength, and flexibility. Healthy muscle is both strong and pliable. This class is designed to stretch and lengthen muscle while enhancing core balance. Working mindfully through each stretch to promote good body mechanics to gain flexibility. Each participant is encouraged to work at their own pace and range of motion!



INSTRUCTOR, KATIE NOWICKI

Join Katie for a clinic or lesson on the pickleball courts through the winter months!

To book a private or semi-private lesson, contact Katie at 262-492-9783. Register for all clinics on chmember.com

MONDAY

1 PM - 2:30 PM | Pickleball 101 & 102: Level, Drill & Play

TUESDAY

10:30 AM - 12 PM | Pickleball 101, Learn the Game!

12:30 PM - 1:30 PM: Shot of the Week- Focus on one specific shot each week. Beginner/Intermediate Clinic.

WEDNESDAY

1 PM - 2 PM: Serving & Receiving Serves Clinic

THURSDAY

1 PM - 2 PM: Skills & Drills

All Pickleball Clinics are limited to 8 Participants



PERSONAL TRAINER, TJ VORE

Book an appointment with TJ for a one-on-one training session or a health and wellness assessment. A health and wellness assessment will include fitness testing in all five components of physical fitness. The test will take approximately one hour to complete. Once your testing is complete the information will be compiled into a personalized report. TJ will schedule a second appointment with you to review this data in depth. To schedule an appointment contact TJ at 828-606-8887.

REGISTER FOR YOUR FAVORITE CLASS OR PICKLEBALL CLINIC AT CHMEMBER.COM.

Under "Racquets & Wellness," Select "Register For: A Class, Clinic, Open Play, or Croquet Event".

Personal training appointments or a health and wellness assessment can be booked by contacting your personal trainer of choice.

GROUP FITNESS CLASS CARDS

Purchase a Group Fitness Class Card by contacting Mackenzie. It can be used for any weekly class.

Class cards cannot be used for personal training or pickleball clinics & lessons. Class cards are non-refundable & never expire.

A MESSAGE FROM ERICK FOWLER, PGA

CHAMPION HILLS HEAD GOLF PROFESSIONAL

2025 MEN'S MEMBER-GUEST INVITATIONAL



OPUS FLIGHT
John Cottingham
&
Ron Smith



CAYMUS FLIGHT
Preston King
&
Jack King Jr.



SILVER OAK FLIGHT
Steve Landis
&
Kevin Landis



STAG'S LEAP FLIGHT
Mike Corbett
&
Ralph Fava

MEN'S MEMBER-GUEST CHAMPIONS
STEVE IMHOF
&
KEVIN IMHOF
WHITEHALL LANE FLIGHT



DUCKHORN FLIGHT
Sid Connor
&
Courtland Tingen



CAKEBREAD FLIGHT
Dung Phan
&
Brad Kirkendall



PRISONER FLIGHT
Rick Kirkendall
&
Jeff Kirkendall

2025 GREEN TEE CUP



OVERALL CHAMPIONS
Kevin Gunter & Ed Kearns



FLIGHT 1
Milan Turk
&
Paul Hummer



FLIGHT 4
Phil Croxford
&
Bob Nazarian



FLIGHT 3
Todd Roadman
&
Randy Raup



FLIGHT 5
Hyler Stanavage
&
Jerry Coluccelli

2025 MEN'S CLOSING DAY



Jerry Smith (Tied 2nd Place)
Alan Skelton (Champion)
Steve Imhof (Tied 2nd Place)



HOLE-IN-ONE!

JOE GAUDINO
Hole #9
180 yards
7 Iron
October 16, 2025



CHAMPION HILLS

Real Estate

SWING FOR PINK 2025, CHAMPION HILLS STYLE!

Amber and I, along with Neal Hanks and the Howard Hanna Beverly-Hanks team, were thrilled to be the Premiere Sponsors for this year's Swing for Pink benefiting Pardee Hospital Foundation's Women Helping Women.

It was the ultimate trifecta: golf, tennis, and pickleball, all coming together for one amazing cause! Thanks to the generosity and spirit of this incredible community, we helped raise over \$31,000 to support women right here in our area!

A huge thanks to the Swing For Pink committee: Jancie Bravo, Jodi Sundeen & Donna Giannuzzi! Your dedication made the week shine. And a special shoutout to our fabulous staff: Heather Myers, Shelly Metcalf, Josie Garofano-Caudle, Mary Catherine Johnson and the Food & Beverage team, your talents are the glue behind every event, keeping things running smoothly.

We were also inspired by singer-songwriter and breast cancer survivor Anita Cochran, who shared her powerful story. Thank you, Carole Clark, for introducing Anita to our community.

Grateful to be part of a place where fun, friendship, and giving back go hand in hand!



**HOWARD
HANNA**
BEVERLY-HANKS REAL ESTATE



AMBER SAXON (828) 699-0171 | LAUREN RIPPY (630) 234-8137



CHAMPIONHILLS.TEAM@ALLETATE.COM



Featured Listing

18 WILD IVY RUN

LISTING PRICE | \$1,050,000



4 BDRM



4 BATH



3,323
SQFT

PROPERTY FEATURES

- Open layout
- Spectacular Western views
- Loft space
- Reading nook
- Screened In porch & multiple decks
- Roof replacement, exterior maintenance, & trash removal all included in POA fees.
- Close proximity to Clubhouse & amenities

SCAN QR CODE
TO VIEW LISTING



REAL ESTATE NEWS



November

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3 Clubhouse Closed	4 Music Bingo Night	5 Trivia Night	6 Thirsty Thursday Holiday Wine Tasting	7 Polish Pierogies with Chef Juba	8
9	10 Clubhouse Closed	11 National Apple Cider Day Winebow Wine Dinner	12 Ladies' Night Out	13 Thirsty Thursday	14	15
16	17 Clubhouse Closed	18 Pasta Night	19	20 Third Thursday Meet The Candidates	21	22 Prime Rib & Oyster Night
23	24 Clubhouse Closed	25 Burger Night	26 Men's Night Out	27 Thanksgiving Day Buffet	28	29
30						

NOTES: