

October 2020 ECHOES



championhills.com | [@ChampionHillsCommunity](https://www.instagram.com/ChampionHillsCommunity) | 828.696.1962

The cooler temperatures are here, which reminds us that our Summer Season is coming to an end and we are excited to kick off our Winter Season. We made a conscious decision at the beginning of the year to designate two seasons to ensure we had robust offerings all year long. You might have noticed our first Winter season kick off golf event, to take place on Wednesday, October 14th and look forward to many more of these events enjoyable throughout the year.

We appreciate the 176 responses we received from our Holiday Survey, which focused on Thanksgiving and New Year's Eve. Member insight and your comfort level is crucial to our success and we look forward to the Holiday Season. The majority of our Members who will be here for the holiday prefer a plated or to go meal, which is the direction we will take for Thanksgiving.



As you continue to see updates from Heather Myers, we are thrilled that we have introduced 25 new members through October 2020. A big thank you to our Membership & Welcoming and Orientation Committee members who have assisted us in new ways with Sponsor Zoom calls and integrating new members into our community during a pandemic.

We originally had plans to have our Annual Meeting in June, however we all know that we continue to follow Governor Cooper's directives and CDC guidelines. At this point, both Boards have agreed to produce an informational video, which we will send out to all Membership for you to review on your own time. We will include a link for you to ask any questions and we will respond to those within two weeks, so more information to come regarding the Annual Meeting.

Our 2020 Annual Member Satisfaction survey link was sent out on September 22nd and again September 28th. I encourage all of you to fill out this survey as we continue to plan for 2021 and how we can continue to add value, create events and keep Member engagement high. Our team is here for you and appreciate your support.



CONGRATULATIONS, HEATHER!

Membership & Marketing Director, Heather Myers, was recognized by Troon at their National Conference for Excellence in Marketing & Communication. We are so proud to have her on our team as she helps us build an amazing membership!



STORM WATER COMMITTEE COMPLETES WORK

by Mike Swartzlander

The POA ad-hoc Storm Water Committee recently concluded a one-year long deep dive into our storm water drainage throughout the community. Members of the Committee included: Jim Gibbs; Frank Merritt; Mike Swartzlander; Ken Thomas; John Tiano; Tom Van Laar; and Craig Galloway [staff]. The Committee also used the services of an outside Civil Engineering firm, WGLA. WGLA is familiar with Champion Hills, having done all the original civil engineering work for the various sections of our community.

Our drainage system comprises over 155 culverts under our roads, maintained by the POA, as well as the culverts installed and maintained by residents under their driveways, directing storm water flow out of the community. We found that Champion Hills meets or exceeds all storm water drainage regulatory requirements for a rural mountain community here in Henderson County.

A comprehensive assessment was made of the street culverts to determine drainage capability and conditions. All culverts are adequately sized for the storm water drainage as per engineering requirements. There are, however, 26 culverts in poor condition requiring repair over the next several years. This includes relining of these culverts with polymer or concrete that will extend their useful lives significantly. Staff is working with outside specialists and will begin work immediately on a program to repair the culverts over the next several years. Culvert maintenance and repair will be funded from our Long-Term Roads Reserve Funds. We believe funding of the culvert work can be done without increasing Member assessments.

Other accomplishments of the ad-hoc Committee included the development of our first ever overall drainage map, showing the natural drainage throughout the community. Recommended guidelines for drainage were also provided to the Architectural Review Committee [ARC] to incorporate into new home construction review to help mitigate future drainage issues.

Members are requested to make sure their downspout drainage does not present issues to neighbors. Culverts under driveways should be kept clear of debris. Member issues re drainage should be directed to Craig Galloway, who will gather needed details to discuss with the Roads & Landscaping Committee for review. If warranted, the Committee will present any issues to the POA Board for discussion.



Did you know Champion Hills has over 155 culverts under our streets for storm water drainage? This one under Amblerwood is 8 feet in diameter!

This year is going to be a bit different when it comes to your holiday plans and traditions, but your Champion Hills team is here to help make everything as easy as possible.

Through special offers from the Golf Shop and effortless entertainment options, Champion Hills can be your one stop shop.

Take a peek below for just some of what we can offer you this holiday season.



Holiday Golf Shop Offers



Let us be your personal shopper for your smaller family members this season! We are stocking up on some of our own favorites. but we can also make special orders for your perfect gift.

Junior Golf
Sets
\$119-320



Junior CH Hats
in Stock!



Garb
Merchandise
20% off



To pick out your order
scan the code to
access garbinc.com



Please place your order by October 15 to ensure delivery in time as some companies have longer lead times due to COVID-19.



Effortless Entertainment



AT CHAMPION HILLS

There's something magical about spending the holidays in the mountains, so why not bring your loved ones to Champion Hills for the holidays!

We are here to provide you with a delightful holiday season with private dining options and in-house catering. This year, we have created a guide for an Effortless Entertainment Experience.

Open your home to friends and family and enjoy hosting your event. Let us handle the details so you can focus on what is really important... your family and friends.

No matter how relaxed or formal your needs, Champion Hills is here to help you create perfect, stress-free holiday memories.



To discover all we have to offer, please call Cathy Brovet at 828.696.1962 or email her at cathyb@championhills.com

Let's make this a holiday season to remember!

TRIVIA NIGHT | OCTOBER 7

Cocktails: 5 pm | Dinner: 6 pm | Game: 7 pm

\$26++

MENU

Fall Salad

Arugula and Baby Greens, Roasted Golden Beets, Clemson Blue Cheese, Granny Smith Apples, Toasted Pumpkin Seeds, Cider Vinaigrette

Seared Airline Chicken Breast

Pearled Couscous with Local Squash & Caramelized Onions,
Roasted Brussels Sprouts, Brown Butter Honey Glaze

**** Alternative Entree ****

Salmon with Baked Potato, Roasted Brussels,
Brown Butter Honey Glaze

Apple Tartelette a la Mode

Trivia teams are set up with a maximum of 6 players. However, CH staff, at their sole discretion, can randomly assign an additional 1-2 players to a team to help accommodate those members who wish to play but were not able to join a specific team.

TRIVIA WINNERS



August Winners | Brain Trust
Richard Kemp, BT & Sallie Alexander,
Jorge & Susan Cano, Denny & Inge Harrell



September Winners | Still Deliberating
Beth & Jeff Wray, Elizabeth & Chuck Jewett,
Christina & Dung Phan



| OCTOBER 8 |

6 pm Reception | 6:30 pm Wine Tasting & Hors d'oeuvres
\$26++

Robin & Andrea McBride were raised separately in the wine regions of Monterey, California and Marlborough, New Zealand; independently growing up in and around vineyards and developing an appreciation for the craft of fine wine-making.



| OCTOBER 8 & 9 |

Get a head start on your holiday shopping while enjoying the fall weather during the Champion Hills Holiday Shopping Days!

This collection of local Hendersonville merchants are providing offers from free gifts to exclusively for our Members on October 8 & 9.

Visit all merchants and show your promotional offer card to be entered into our holiday raffle!

PICK UP YOUR OFFER CARD IN THE ADMIN OFFICE TODAY!



| OCTOBER 28 |

6 pm Cocktails | 7 pm Dinner
\$35++

MENU:

Assorted Hors d'oeuvres
12 oz Smoked Pork Chop
Cheese Grits, Braised Collards Greens
Caramelized Onions Cream
Dessert

Beer, Wine, Cider & Mead.

They're all on the Hendersonville Cheers! Trail.

The Cheers! Trail is the only trail in North Carolina showcasing four different types of craft beverages. Another plus is its location – the beautiful Blue Ridge Mountains in and around Hendersonville.



[Click here to learn more.](#)

RECIPE OF THE MONTH

CAULIFLOWER, FENNEL & WHITE BEAN SALAD

By: Executive Sous Chef, Blake Johnson

Here is a simple salad that really showcases the flavors of fresh lemon and herbs. This is a great make-ahead item for a potluck, or a fantastic side for roasted chicken or pork chops. Enjoy!

INGREDIENTS

- 6 oz Olive Oil
- 6 Sprigs Fresh Thyme
- 2 Lemons
- 2 Tbl Red Wine Vinegar
- 1 Head Cauliflower, Cut into Bite Sized Pieces
- 1 Cup Dried White Beans, Soaked and Cooked
- 1 Fennel Bulb, Shaved Thinly
- Handful parsley, Chopped
- Crumbled Feta Cheese (about 3 ounces)
- Salt and Pepper to Taste



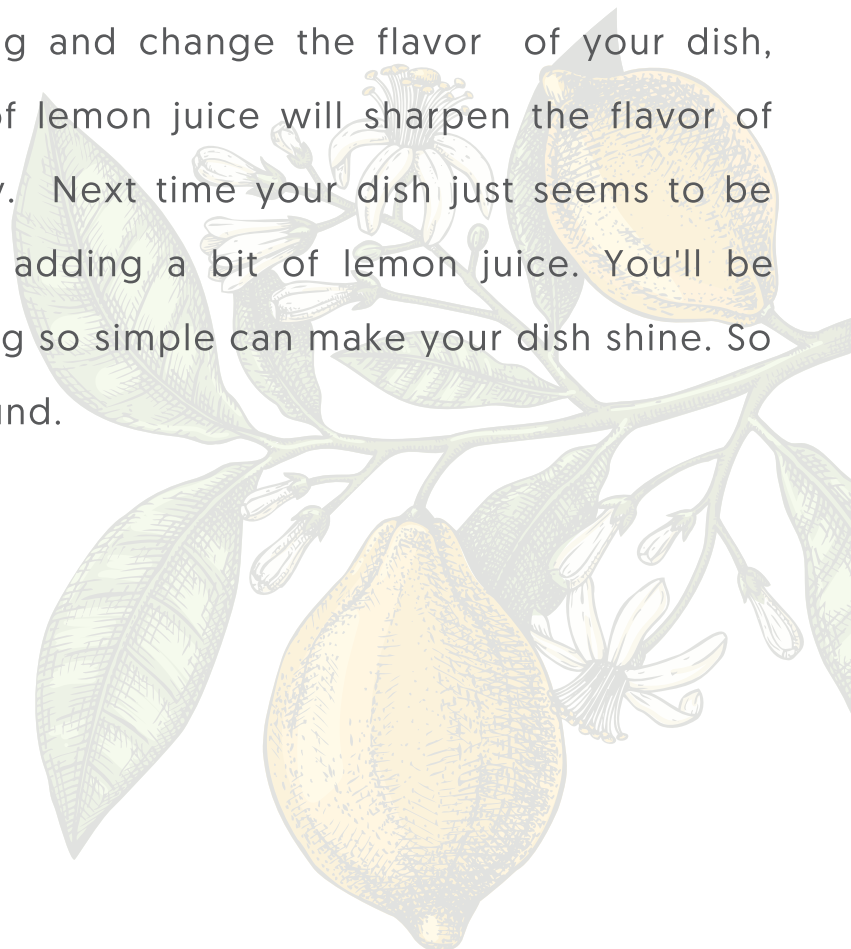
INSTRUCTION

- Heat the olive oil over medium and cook thyme (leaves only) until fragrant, approx. 30-45 seconds.
- Remove from heat and set aside.
- Zest the lemon and set aside the zest. Juice the lemon and whisk the juice and vinegar together.
- Combine cauliflower, beans, fennel, parsley, and thyme oil in a large bowl and toss.
- Add lemon zest, juice, and vinegar. Stir to combine and refrigerate for 2 hours or overnight to help develop flavors.
- Before serving, stir salad, taste for seasoning, and mix in feta.



A FLAVOR-ENHANCING SECRET

Some chefs have a secret weapon that make flavors pop in their dishes; the humble lemon. A splash of lemon juice can transform a dish by adding a subtle, yet bright freshness. There are 5 flavor profiles that the human tongue can recognize; bitter, salty, sweet, umami, and sour. The best dishes have the perfect combination. Sour seems to be the one flavor that's often forgotten, leaving a dish flat. You could grab a bottle of red wine or apple cider vinegar to add that pop of acidity, but those can often be too strong and change the flavor of your dish, whereas the addition of lemon juice will sharpen the flavor of your dish imperceptibly. Next time your dish just seems to be missing something, try adding a bit of lemon juice. You'll be surprised how something so simple can make your dish shine. So grab a few to keep around. You won't be sorry.



TOURNAMENT RESULTS

LABOR DAY MIXED GOLF – MONDAY, SEPTEMBER 7

Overall Champions

Ken & Susan Thomas, Warren & Karen Zwecker

1st Flight

1st Place – Paul & Penny Betters, Bill & Jan Zollinger

2nd Flight

1st Place – Dirk & Carol Novosad, Richard & Marion Washer

3rd Flight

1st – Steve & Denise Anderson, Eddie & Vicki Carpenter

HUSBAND & WIFE – SUNDAY, SEPTEMBER 27

Overall Champions

Bruce & Marlene Rau



UPCOMING EVENTS

October 7 | Men's Closing Day

October 9 | Green Tee Cup

October 14 | Winter Season Kick-off Event

October 18 | Nine and Dine

October 26 | Employee Scholarship Golf Marathon

October 31 | Halloween Spooktacular

TIP FROM THE PRO: PLAYING FROM SOFT CONDITIONS

by Scooter Buhrman, PGA

The rainy season in the mountains will often lead to soft playing conditions at Champion Hills. When the fairways are soft, there is a larger premium placed on ball striking. The problem with playing shots from this type of lie is that if the club head strikes the ground before the ball, it will dig into the turf and ultimately result in a great deal of power loss.

Here are a few simple keys to ensure solid ball first contact every time.

- During the setup, choke down on the grip to get closer to the ball and more control over the club head.
- Also, move the ball back into the center of your stance and put more weight into the front leg.

This will promote a steeper angle of attack and allow for crisper ball first contact.

EMPLOYEE SCHOLARSHIP GOLF MARATHON

| October 26 |

9 am - 5 pm

It's GM vs Head Pro!

Dana and Scooter will play as many holes as they can within 8 hours to raise money for the Employee Scholarship Foundation.

Following their rounds join us in the Fazio Pub for results and refreshments.

More information coming soon!



VS



GET A GRIP, ON YOUR GRIP

Wellness Director, Mackenzie Jones

Strengthening your grip can help strengthen your wrist and forearms. A stronger grip can improve your functional fitness. It can also help you have better control when swinging a golf club or tennis racket. Having good form can help strengthen your grip safely with decreased risks of strain or injury.

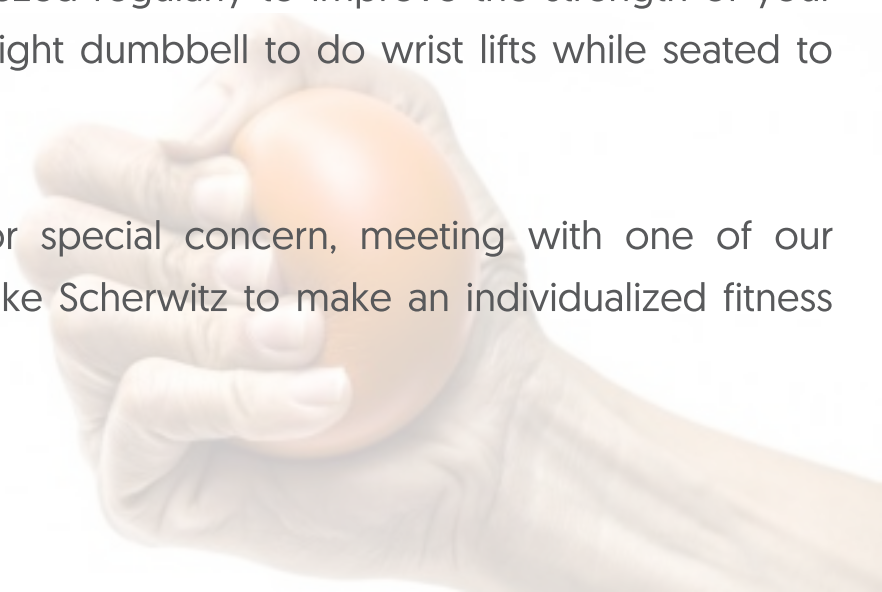
Grip strengthening exercises can also help older individuals improve functional fitness by building muscles around the wrist which will protect the joints. Having stronger arms overall will help with physical independence and overall quality of life.

Pull-ups and chin-ups are both great exercises for strengthening the grip and hands.

‘Farmer’s Walk’ with dumbbells in each hand is another way to strengthen the grip and hands. This can be done by all age groups and fitness levels. Simply walking with a dumbbell in each hand helps build up those forearm muscles. The weight of the dumbbells should be noticeably heavy, but not so heavy that it causes poor posture.

Stress or resistance balls are also available for anyone who wants to boost their grip. These items can be squeezed regularly to improve the strength of your grip. You can also use a very light dumbbell to do wrist lifts while seated to help strengthen the forearm.

If you have a specific goal or special concern, meeting with one of our personal trainers TJ Vore or Mike Scherwitz to make an individualized fitness plan is always a great idea!



UPDATED FITNESS CLASS SCHEDULE

We are excited to offer 12 weekly classes Monday - Friday in the group fitness room! Equipment will be available and disinfected regularly and masks will be optional.

Class sizes will be capped at 5 or 6 depending on the format and registration will be open 5 days prior to class times. Limited class sizes will allow for more than 6 feet of social distance for every class.

Did you know the green dot next to a class means reservations are open and a red dot means the class is not yet open for reservations.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
27	28 ● Yoga on the Event Lawn	29 ● Yoga Basics on the Event Lawn	30 ● Pilates on the Event Lawn ● Strength-45 on the Event Lawn	Oct 1 ● Strength-60 on the Event Lawn	2 ● Pilates on the Event Lawn	3
4	5 ● Strength 45 Class ● Slow Flow + Core Yoga Class	6 ● Yoga Basics Class ● Jazzercise Class	7 ● Pilates Class ● Jazzercise Class	8 ● Strength 60 Class	9 ● Pilates Class	10

If you are unable to attend class a reservation cancellation must be received 24 hours in advance to allow for a member on the waitlist to have the opportunity to take your place.

If you are registered for a class and you do not attend you will still be charged.

On a personal note; I am ready to lace up my Jazzercise shoes, crank up the sound system, and dance with you all again!

GROUP FITNESS SCHEDULE

SUN	MON	TUE	WED	THU	FRI	SAT
27	28 9am Yoga on the Lawn	29 8am Yoga Basics on the Lawn	30 8am Pilates on the Lawn 9:10am Strength 45 on the Lawn	1 9am Strength 60 on the Lawn	2 9am Pilates on the Lawn	3
4	5 9:15am Strength 45 10:30am Slow Flow+ Core Yoga	6 8am Yoga Basics 9:15am Jazzercise	7 8am Pilates 9:15am Jazzercise 10:30 Slow Flow Yoga	8 9:15am Strength 60	9 8am Pilates	10
11	12 8:00am Spin 9:15am Strength 45 10:30am Slow Flow+ Core Yoga	13 8am Yoga Basics 9:15am Jazzercise	14 8am Pilates 9:15am Jazzercise 10:30 Slow Flow Yoga	15 8:00am Spin 9:15am Strength 60	16 8am Pilates 9:15am Spin	17
18	19 8:00am Spin 9:15am Strength 45 10:30am Slow Flow+ Core Yoga	20 8am Yoga Basics 9:15am Jazzercise	21 8am Pilates 9:15am Jazzercise 10:30 Slow Flow Yoga	22 8:00am Spin 9:15am Strength 60	23 8am Pilates 9:15am Spin	24
25	26 8:00am Spin 9:15am Strength 45 10:30am Slow Flow+ Core Yoga	27 8am Yoga Basics 9:15am Jazzercise	28 8am Pilates 9:15am Jazzercise 10:30 Slow Flow Yoga	29 8:00am Spin 9:15am Strength 60	30 8am Pilates 9:15am Spin	31

LISTING OF THE MONTH

304 PINEY KNOLL LANE | 4,202 SQFT. | \$1,895,000



Extraordinary home, superior construction, and the ultimate in one-level living. You'll be awed by the tall ceilings, amazing moldings, huge windows, and fabulous open floor plan. It has a slight contemporary feel, with clean lines, but details that add warmth and character. This home was designed for entertaining with the large dining room adjacent to the chef's dream kitchen. Two islands, tons of counter space, high-end appliances and plenty of cabinetry. Just off the kitchen is a wine cellar and wonderful screened porch with fireplace. The great room with stone fireplace and wall of windows to the park-like setting with water feature and fire pit. The spacious master suite also looks out to the lovely setting, has 2 large walk-in closets, and luxurious bathroom. Working in the study with private deck is a joy. A second master, another bedroom and bath, office, plus large laundry room complete the package. If privacy is important, this estate-like setting will be sure to please.

[CLICK HERE TO VIEW THE LISTING](#)



For more information please feel free to reach out to Beverly-Hanks Agents, Mary Kay Buhrke or Amber Saxon
828.693.0072 | ChampionHillsTeam@Beverly-Hanks.com



HOME BUYER TRAFFIC IS ON THE RISE

One of the biggest surprises of 2020 is the resilience of the residential real estate market. Lawrence Yun, Chief Economist of the National Association of Realtors (NAR), is now forecasting that more homes will sell this year than last year. He's also predicting home sales to increase by 8-12% next year. There's strong evidence that he will be right.

ShowingTime, a leading showing software and market stat service provider for the residential real estate industry, just reported on their latest the ShowingTime Showing Index:

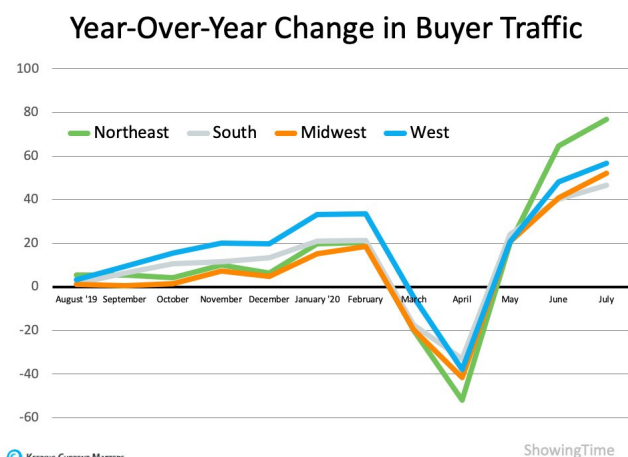
"Home buyer traffic jumped again in July, recording a 60.7 percent year-over-year increase in nationwide showing activity."

That means there are 60% more buyers setting appointments to see homes than there were at this same time last year. The number of potential purchasers was also up dramatically in every region of the country:

- The Northeast was up 76.6%
- The West was up 56.7%
- The Midwest was up 52.1%
- The South was up 46.7%

The Housing Market Is Showing a 'V' Type Recovery

ShowingTime also indicates the real estate market has already come back from the downturn earlier this year that was caused by shelter-in-place orders. Here are the year-over-year numbers for each region on a monthly basis (See graph below):



We're way ahead of where we were at this time last year. This data validates the thoughts of Frank Martell, President and CEO of CoreLogic, who recently noted:

"On an aggregated level, the housing economy remains rock solid despite the shock and awe of the pandemic."

Bottom Line

If you're thinking about selling your house, this may be a great time to get the best price and the most favorable terms.

[Article from Keeping Matters Current](#)



ctober

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

				Thirsty Thursday 1	Prime Rib Night 2	3
Brunch Lundahl Cup 4	Clubhouse Closed 5	Swing for Pink Burger Night 6	Men's Closing Trivia 7	Grapevine Gals Thirsty Thursday 8	Green Tee Cup Prime Rib Night 9	10
Brunch 11	Clubhouse Closed 12	Burger Night 13	Winter Season Kickoff 14	Thirsty Thursday 15	Prime Rib Night 16	17
Brunch 9 & Dine 18	Clubhouse Closed 19	Pasta Night 20	Wine Dinner 21	Thirsty Thursday 22	Prime Rib Night 23	24
Brunch 25	Book Club Clubhouse Closed 26	Burger Night 27	Men's Night Out 28	Thirsty Thursday 29	30	Halloween Spooktacular 31