

# FOR THE TABLE

#### CHICKEN WINGS

Twelve Wings in Buffalo, Chipotle BBQ or Teriyaki Celery | Ranch or Bleu Cheese

## LOADED PORK FRIES GF

Shoestring Fries, Smoked Pork, Bacon, BBQ Sauce, Cheddar & Jack Cheeses, Scallions

## 7<sup>™</sup> Avenue Brezel



Plain, Salted or Weekly Topping, Local Beer Cheese Sauce

### KEY LIME TEMPURA ROCK SHRIMP

Garlic-Chili Aioli, Chives





# SALADS

ADD: CHICKEN | SHRIMP | SALMON

# TRADITIONAL CHEF GF

Turkey, Ham, Bacon, Boiled Egg, Avocado, Cucumber, Tomatoes, Shredded Cheese

# QUINOA & BABY SPINACH "POWER BOWL" TF | GF

Tomatoes, Kalamata Olives, Feta Cheese, Shaved Red Onions, Toasted Pumpkin Seeds, Lemon-Parsley Vinaigrette

## STRAWBERRY & ORANGE SALAD TF | GF

Local Greens, Toasted Almonds, Red Onions, Wildflower Honey-Yogurt Dressing

#### CAESAR

Romaine, Garlic Croutons, White Anchovies, Shaved Parmesan

# PUB FARE

# LOW COUNTRY CRAB CAKE SANDWICH

Brioche Bun, Cajun Remoulade, Cole Slaw

### CHAMPION BURGER

Signature 8oz. Chuck, Brisket & Short Rib Patty, Choice of Cheese, Lettuce, Tomato, Onion, Togsted Brioche Bun

#### RUEBEN

House Braised Corned Beef, Swiss, Sauerkraut, Dijon, 1000 Island Dressing, Rye Bread

### HICKORY SMOKED PULLED PORK SANDWICH

BBQ Sauce, Toasted Brioche Bun, Cole Slaw

## TRADITIONAL BLT

Heirloom Tomatoes, Smoky Bacon, Lettuce, Mayo, Farmhouse Bread *Add Two Pan Fried Local Eggs* 

## CLASSIC FISH & CHIPS



Beer Battered Alaskan Cod, Fries, Tartar Sauce, Malt Vinegar, Lemons

# HOUSE SMOKED BRISKET TACOS TF | GF



Shredded Lettuce, Pico de Gallo, Guacamole, Queso Fresco

## TURKEY & HAVARTI PANINI

Granny Smith Apple, Applewood Bacon, Honey-Mustard

## CHICKEN QUESADILLA



Grilled Chicken, Jack and Cheddar Cheese, Bacon, Tomatoes, Cilantro, Scallions, Chipotle Aioli

### BUILD YOUR OWN SANDWICH

Ham, Turkey, Chicken or Tuna Salad

Pub Fare Items Except for Fish & Chips Come with a Pickle and Choice of Side

SIDES

House Chips | Sweet Potato Fries French Fries | Onion Rings | Shoestring Fries Cole Slaw | Fresh Fruit | Side Salad GF - Gluten Free

TF - TroonFIT

Less than 500 calories & 5 grams of saturated fat