# ECHOES

### THE OFFICIAL NEWSLETTER OF CHAMPION HILLS CLUB

# SEPTEMBER 2022

championhills.com | @ChampionHillsCommunity | 828.696.1962

### GENERAL MANAGER'S UPDATE

By now you have all seen the announcement of the new General Manager starting in early October, Mr. Alan Deck. We are confident that Alan will bring a wealth of knowledge and experience to the Club and will focus on the many improvements that have been started and are still yet to come.

August was an incredible month at Champion Hills. We hosted many terrific Member Events, our golf course continues to be in fantastic shape, more members are dining at the Club, we introduced new dining menus and a more extensive wine list, and the weather has been very pleasant.



Last month was also memorable for three of our members who achieved a Hole-In-One. We had three in a two-week span of August: Alan Wasserman – Hole #2, Jerry Smith - Hole #11, and Susan Flanagan Hole - # 9. Congratulations!

Many thanks to Alan Burnette and his team for keeping Fazio's Mountain Masterpiece in such good shape. In spite of a few major rainfalls, Alan's team worked hard and minimized the member impact.

Champion Hills is a fabulous Club with the membership right at our heart. We appreciate all your support this summer as we have had many job openings in all departments in this difficult market. Many of our college-aged staff just left us to go back to school. We wish them all the best in their fall semester and look forward to seeing them on breaks and next summer. Currently, we are working on many staff replacements for the fall.

As I mentioned, we just revealed new seasonal menus in our dining rooms. The Club's new menu items for lunch and dinner, along with the wine list changes were made to improve the F&B offerings to all our Members and guests. Chef Sean Thomas has developed some interesting new items to feature. We hope you will all come and enjoy the new menus.

We would like to announce that Brandon Sours has been promoted to the position of Sous Chef to assist our Chef in managing the kitchen & cuisine. Brandon has prior Sous Chef experience and has done an excellent job in our kitchen since joining our team. We look forward to seeing his continuing contributions as we elevate our dining experience. Please join us in congratulating Brandon on his new role.

We do need some help from all of you regarding restaurant reservations. As you know, we continue to have some labor shortages in all departments due to the job market. Please help us help you by making reservations for dinner in advance, as possible, so that we can accommodate you and your guests when you want to dine. We have been experiencing quite a few walk-ins of larger parties, which makes it difficult for us to plan for staff in both service and the kitchen, and in food production with our specials. We thank you for your help.

We hope you all have a safe and enjoyable Labor Day Weekend.

Richard S. Mogensen



We are excited to announce NFL Sunday Ticket is back! Beginning September 11 through Superbowl Sunday, it's GAME ON. Come hang out in the Fazio Pub and enjoy your favorite team's game.

First come first serve for which games we'll view, so come early!

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### ROADS & WASTEWATER TREATMENT PLANT RESERVES By John McGuire, Roads & Landscaping Chair

You may not realize it but the POA spends an average of over \$200,000 repaving and other road work in Champion Hills. The amount spent each year can vary considerably from as little as \$50,000 to more than \$450,000. For example, this year we repaired three major culverts at a cost of over \$250,000. We also added a cul-de-sac to the end of Falls Lane to make sure emergency vehicles could easily turn around and repaved a portion of Hagen Drive.

The money needed to complete these projects is acquired from the Road Reserves Fund which each Champion Hills property owner pays into as part of the quarterly POA assessment. Currently, there is a little over \$500,000 in our Roads Reserves Fund, but how do we know if this is enough to cover future expenses?

With the help of an engineering company, each and every road and major culvert has been listed on a schedule as to how often it should be repaved or repaired and the projected cost of doing so. That schedule goes out 15 years into the future.

A projection can be made for each year to see how much money will be needed for road and culvert work. The schedule was recently updated by members of the Roads & Landscaping Committee. Led by Frank Merritt and assisted by Craig Galloway, Director of Grounds and Maintenance, this subcommittee updated the schedule to reflect recent work performed as well as the escalating cost of asphalt. Based on this review and update, the conclusion is that our Road Reserve is in good shape. Each year the Roads & Landscaping Committee intends to update the schedule to assure we have the funds required to keep our roads and culverts in top condition and avoid any surprises.

In a similar vein, we are in the process of analyzing the Reserves we have for the Wastewater Treatment Plant, which currently is at approximately \$1 million. Mike Swartzlander, Jim Gibbs and Craig Galloway are all heavily involved in this effort. They are being assisted by WK Dickson, an engineering firm specializing in wastewater treatment plants. Among other things, this analysis will include a thorough inspection of our 30+ year old facility later this year. A progress report will be given once the inspection is complete.

In the meantime, enjoy the beauty of Champion Hills as you're driving around!



The Champion Hills Employee Scholarship Program started in 2012 by a group of members in order to aid our associates in their ambitions to acquire higher education, partnering with Henderson County Education Foundation, a 501 (c) 3 non-profit organization. As some of our seasonal associates head back to college, we want to take a moment to recognize them for not only their hard work in the classroom but also here at Champion Hills! Here are a few of this year's recipients.

### -<u>GOLF MAINTENANCE</u>



Atzel Solalinde Montreat College (Atzel is pictured with his father, Gabriel, from our Golf Maintenance Department)

### - FOOD & BEVERAGE -



Aliya Shook UNC Chapel Hill



Sylvia Burroughs Carson Newman



Remi Shook Elon University



William Lance NC State





Campbell Dickelman Auburn University

Nicholas Romer College of Charleston



Mia McCall Appalachian State



Brayden Anderson - Western Carolina Jane Burnette - UNC Wilmington Caitlyn Barnwell - NC State Parker Gillespie - UNC Charlotte





### THANK YOU CHAMPION HILLS!

The 2022 Kicks for Kids project was aimed at providing disadvantaged kids in Henderson County a pair of new sneakers as they return to fall classes. This is the fifth year that Champion Hills has participated and those who saw stacks of boxes in the lobby closet of the Clubhouse can attest to the generosity of our members as a total of 143 pairs of shoes went to deserving kids!



Check out our closet full of donations!

Members personally purchased 115 pairs of shoes and monetary donations were combined to purchase an additional 28 pairs. Thanks to everyone for making the 2022 Kicks for Kids another successful philanthropic venture.

Cindy Schafer, Kicks for Kids Volunteer Chair

# MEMBER MIXER

We recently celebrated a lovely Friday evening with a fun Member Mixer, which featured the musical stylings of our very own Chisolm Leonard.

Members enjoyed a wonderful night and excellent food. We hope you'll join us for our Sunset Social set for September 1, featuring the Caribbean Cowboys!



# UPCOMING EVENTS



SUNSET SOCIAL SEPTEMBER 1 DINNER | 6 PM DANCING | 7 PM - 10 PM

Champion Hills is known for some awe-inspiring sunsets. Why not celebrate it! After Thirsty Thursday, join us for a Sunset Social with The Caribbean Cowboys Band!



### SEPTEMBER TRIVIA NIGHT SEPTEMBER 7 | 5:30 PM - 9 PM

Want to show off your knowledge? Reserve your team a table today! RSVP to <u>shellym@championhills.com</u>.

### AUGUST TRIVIA WINNERS



CONGRATULATIONS! "HEY SIRI" Ellin & Lewis Blumenthal Warren & Karen Zwecker Ellyn & Glenn Salkind

### LABOR DAY COOKOUT CELEBRATION SEPTEMBER 5 COCKTAILS 4:30 PM | DINNER 5:30 PM

All Members are invited to join us for a cookout at the Club to pay tribute to the contributions and achievements of all workers in our Nation!



Visit <u>chmember.com</u> to learn more about these events!



### MEN'S NIGHT OUT **SEPTEMBER 14** COCKTAILS 6 PM | DINNER 6:30 PM

We invite the gentlemen of Champion Hills to an evening of great food and conversation!

### LADIES' LUNCHEON SEPTEMBER 16 | 11:30 AM - 1 PM

Ever wondered how your brain works? Want to improve your memory? Denise Medved will present on her Ageless Grace Brain Health program researched and launched in over 32 countries.







### LADIES' NIGHT OUT SEPTEMBER 21 COCKTAILS 5:30 PM | DINNER 6 PM

Calling all ladies! We invite you to a delightful evening of laughter, food and conversation.

### YOM KIPPUR - BREAK THE FAST OCTOBER 5 | 5:30 PM - 7 PM

Yom Kippur is the holiest day of the year in Judaism. Traditionally the day is observed with a day-long fast, confession and intensive prayer. All members are welcome to "Break the Fast".

Fazio Pub will be open for standard dining service as well.

YOM KIPPUR BREAK THE FAST AT CHAMPION HILLS OCTOBER 5, 2022 5:30 PM - 7 PM



### FOUR SEASONS RESALE RUNWAY OCTOBER 11 | 11 AM - 1 PM

Join us for a stylish afternoon luncheon filled with fashion. fun. food and friends! This event will benefit Four Seasons, a non-profit serious illness and hospice care organization in Hendersonville.

VENT INFORMATION

Visit chmember.com to learn more about these events!

### A TIP FROM THE PRO By Head Pro, Scooter Buhrman

## SHORT GAME PRACTICE

WAR HENRY WAR AND HERE

I have noticed that most golfers spend too much of their practice time on the driving range and not enough time on their short game. Why is this? My guess is that we want to find the "perfect" swing which will help us hit the ball longer, straighter, more solid, and become more consistent which will result in lower scores. This type of practice may improve your ball striking, but are you noticing a change in your scores?

For most golfers, 35% of their score comes from shots that are 50 yards and longer. The remaining 65% is the short game. To break this down, even more, 40% of your score is on the green and 25% of your score is from the edge of the green to approximately 50 yards from the green.

I challenge each of you to reconsider your practice routine and focus on working on all parts of your game continually and equally. A great routine is to practice in thirds. The first third should be putting. The second third should be spent hitting a variety of shots around the green. The last third should be ball striking on the driving range. Following this routine will create consistency in all areas of your game which will result in shooting lower scores.

# UPCOMING GOLF EVENTS

Labor Day Scramble | Monday, September 5 Greens Aerification | September 6 - 8 Husband & Wife Championship | Sunday, September 25 Ladies' Member-Member | September 27, 29, 30 Men's Day Shootout | Wednesday, September 28 Ladies' Closing Day | Tuesday, October 4 Men's Closing Day | Wednesday, October 5 Men's Green Tee Cup | Friday, October 5 Men's Green Tee Cup | Friday, October 7 Couples' Closing Day | Sunday, October 9 Men's Member - Guest | October 12 - 15 Swing for Pink | Tuesday, October 18

For more information about the events listed, please contact the Pro Shop or visit ForeTees.

# **TOURNAMENT WINNERS**

### 2022 MEN'S MEMBER-MEMBER



Overall Champions Bruce Rau & Alan Skelton

### LADIES' NINE HOLE CLUB CHAMPIONSHIP



<u>Gross Champion:</u> Denise Anderson <u>Net Champion:</u> Judy Breissinger

# GOLF CART PARKING

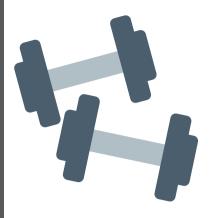
Just a reminder that we have golf cart only parking by the Fazio Pub. During the hours of 8AM - 5PM please use this parking only if you are in a cart. After 5PM, you are free to park in a cart or in your car. Also, please don't leave your carts under the porte-cochère. This poses a hazard to handicap access, guest drop off, and fire/emergency access in the event of an emergency. Thank you for



# NEW GOLF CARTS

Our new fleet of 40 golf carts arrived! These new carts have GPS and we are so excited for you to give them a spin.





# IS YOUR FITNESS ROUTINE IN A FUNK?

Let's face it, exercise is boring. It's incredibly easy to fall into a repetitive, mind-numbing and uninteresting workout rut if you are not careful. Even the best daily workout plans can get stale and boring. Exercise boredom is why it's so hard to stay motivated, stick to a routine, and avoid burning out on your exercise practice.

But... there's hope! Avoiding exercise boredom is possible. It just takes a bit of creativity.

### WHY IS WORKING OUT SO BORING?

### EXERCISE IS BORING BECAUSE IT'S REPETITIVE

### The problem:

Traditional exercise often means doing the same movements over and over and over. It's what helps you structure your workouts and target important muscle groups. Unfortunately, repetition is boring. Your brain thrives on variety and new experiences.

### The solution:

Vary what types of exercises you do, how many reps you're doing, and when in your day you are doing them.

It sounds simple, but taking time to revisit your workout plan and shake things up a bit will help you bust your workout rut. If you're doing 15 push-ups at 10 am every... single... day... you're probably going to burnout on 10 am push-ups.

Always discover new movements, add them in at different times of the day and vary your reps to keep your routine fresh and engaging.

### EXERCISE IS BORING BECAUSE IT'S LONELY

### The problem:

Exercising alone all the time is pretty uninteresting. Getting all your reps by yourself is great if it works for you.

But if your exercise plan is always alone time, workouts get lonely, uninspiring and boring.

### The solution:

Balance your solitary workouts with an activity that connects you to others.

Walking with a friend, group fitness classes, or sports are a few activities that can provide a more connected and communal experience for your fitness. Plus, a little friendly competition is a great way to avoid the lonesome boredom of exercise and inject a little motivation into your workout routine.

# WORDS ON WELLNES $\zeta$

### EXERCISE IS BORING BECAUSE IT'S WORK

### The problem:

Exercise is hard work. Without a clear "end" or reward it's easy to get bored and give up. Plus there are a ton of other interesting things you'd rather be doing that are more entertaining.

### The solution:

Make your exercise fun and more rewarding. Without a clear reward system, your brain struggles to stay engaged and motivated with activities like working out.



The best way to make your fitness less work and more fun is to create a reward system for your exercise. Working out feels less like work when your fitness is a game. Try adding a riveting layer to your workouts with fitness that's playable and enjoyable all at the same time. It's never work as long as you're having fun!

### EXERCISE IS BORING BECAUSE IT'S SILENT

### The problem:

Outside of some heavy breathing and the squeak of your sneakers, exercising isn't very interesting to your ears. Exercise engages other parts of your body, but not our senses. A limited sonic palette makes the monotony of exercise way more obvious.

### The solution:

The solution to this one is simple: If you're able, get some good headphones, make a highenergy playlist, and drift away in the tones while you get your daily movement in. Podcasts are great for zoning out your workouts too. Plus, they're good timekeepers for knowing how long you've been at it. Engaging your hearing while you work out is the perfect remedy for boring workouts and a simple way to make your fitness fun. Put some beat behind the burn!

### EXERCISE IS BORING BECAUSE IT'S ALWAYS IN THE SAME PLACE

### The problem:

Working out in the same place - like the gym or at home - makes exercise boring. Doing the same workout, at the same place, at the same time, every week is monotonous, repetitive, and bland.

### The solution:

### Take your workout off the grid.

The best part about a simple movement and fitness practice is that you can take it anywhere: in a park, by the river, or on the cart path on Mondays. Varying where you workout, and what you're doing based on where you are, is a fantastic way to bust out of your fitness funk. The new scenery will keep you engaged and stimulated while you get your daily steps or reps.

Exercise boredom doesn't have to stop you from enjoying all the benefits of regular exercise. All you have to do is put some fullness into your fitness to stay engaged, motivated, healthy, and happy!

# STRONGER TOGETHER

**Beverly-Hanks** 

**REALTORS**<sup>®</sup>

### A HOWARD HANNA PARTNER

### **BEVERLY - HANKS JOINS ALLEN TATE REALTORS**

Allen Tate Realtors<sup>®</sup>, in partnership with Howard Hanna Real Estate Services, has acquired Beverly-Hanks Realtors, the market-leading independent real estate brokerage headquartered in Asheville, N.C. and serving Western North Carolina. This announcement marks Allen Tate's entry into the Asheville/Mountain region and the growth of a homegrown business as Beverly-Hanks joins a family of the nation's top independent real estate brokers.

Allen Tate is the Carolinas' leading real estate company, with 19,150 closed transactions and \$6.8 billion in closed sales volume in 2021. The 65-year-old company will now operate a total of 70 local real estate offices spanning the Charlotte, Triad, Research Triangle, High Country, Highlands/Cashiers, and Asheville/Mountain regions of North Carolina and the Upstate of South Carolina.

Beverly-Hanks was founded in 1976 with the merger of Beverly Realty and W. Neal Hanks & Associates, two of the area's most prominent real estate firms. The market-leading firm in Western North Carolina for the last 46 years had closed sales in excess of \$2.6 billion in 2021. Beverly-Hanks ranks among the top 200 real estate firms in the nation, according to REAL Trends 2021.

Beverly-Hanks has more than 460 experienced Realtors and 18 residential real estate offices serving clients in Western North Carolina, as well as a commercial division, NAI Beverly-Hanks. The firm ranks No. 1 in its nine-county footprint, based on closed sales volume for 2022 YTD, in Buncombe, Haywood, Yancey, Rutherford, Transylvania, Henderson, Polk, Madison and Mitchell counties.

"For more than three decades, I've had the privilege to collaborate with leaders from Allen Tate and have immense respect for the independent real estate organization that they have built," said Neal Hanks, president, Beverly-Hanks Realtors.

"As a homegrown business in Western North Carolina, local expertise, personal service and respect for our special corner of the Blue Ridge guides everything we do. This new partnership will allow us to expand that vision while deepening our commitment to the communities we serve," Hanks said.

"Real estate decisions are a significant milestone in life. In an age where transactions have lost the human touch and local connectivity, Beverly-Hanks has always taken a more personal approach in support of our clients' dreams and investments. Part of that is doing business as an independent brokerage with an authentic connection to the mountain home we hold dear. It is a great honor to expand that mission and our legacy by linking arms, joining networks and sharing leading practices with like-minded independent real estate leaders for the benefit of our clients and the communities we represent," Hanks said.

Beverly-Hanks will now use the combined name, Allen Tate/Beverly-Hanks Realtors. Clients will continue to have access to in-house mortgage services and will now have access to in-house insurance services via Allen Tate Insurance.

Neal Hanks, president of Beverly-Hanks since 1999, will continue in his role as president of Allen Tate/Beverly-Hanks Realtors. Amy Hanks will continue as president of Allen Tate/Beverly-Hanks Mortgage Services, and the Beverly-Hanks leadership team will remain in place.

# LISTING OF THE MONTH

# CHAMPION HILLS REAL ESTATE

307 Piney Knoll Lane

\$2.800.000



### Details of the Property

- 1.93 Acres
- 5,342 Sq. Ft on Two Levels
- 4 Bedroom ~ 4 Bath ~ 2 Half Baths Wine Cellar
- Breathtaking Mountain Views
- European-Style Architecture

- Perfect Layout for Entertaining
- Chef's Dream Kitchen
- Outdoor Kitchen & Two Fireplaces
  - Beautiful, Low Maintenance Landscaping

Interested in learning more?

Call our Real Estate Team for more details:

Mary Kay Buhrke: (828) 243-3346 | Amber Saxon: (828) 699-0171

# SHAKE IT UP WITH BRIAN

Our last Ladies' Night Out featured a new series "Shake it up with Brian", where our bartender Brian shared three of his favorite martini recipes - including our signature martini, the Mountain Blue! Didn't make it to the event? Brian has shared his recipes here for you to enjoy at your next social gathering!

# - Mountain Blue Champion Hills' Signature Martini

### **INGREDIENTS**

### METHOD

2 oz. Kettle One Vodka 1 Oz. Hypnotiq Splash of Fresh Squeezed Lime Splash of Prosecco Combine all ingredients except Prosecco Shake until bruised Strain into martini glass Top with Prosecco and garnish with lemon twist



# Classic Cosmopolitan

### **INGREDIENTS**

2 oz. Vodka of Choice 1 oz. Triple Sec .25 - .5 oz. Fresh Squeezed Lime Juice .25 oz. Cranberry Juice Cocktail

### <u>METHOD</u>

Combine all ingredients Shake until bruised Strain into martini glass Garnish with lime

# Lemon Drop Martini

### **INGREDIENTS**

3 oz. Absolut Citron Vodka 2 Sugar Cubes .5 oz. Simple Syrup .5 oz. Fresh Squeezed Lemon Juice

### <u>METHOD</u>

Combine all ingredients Shake until bruised Strain into martini glass Garnish with lemon



# UPCOMING EVENTS

We have a big finish planned for 2022! Mark your calendars for these fun and exciting events and keep an eye on communications for more details. We look forward to seeing you there!



5 - Break the Fast 14 - Wicks & Wine 14 - Season Closing Party Dinner/Dance 20 - Alan Tate/Beverly-Hanks Presents 27 - Howl-o-Ween 28 - Prime Rib Night 30 - Spooktakular

5 - Cornhole Tournament 9 - Men's Night Out 14 - Turkey Trot 18 - National Apple Cider Day 18 - Prime Rib Night 24 - Thanksgiving Feast 30 - Wine Dinner





8 - Ladies' Holiday Tea & Candle Making
16 - Champion Hills Holiday Party
22 - Ugly Sweater Party
18 - National Apple Cider Day
31 - New Year's Eve

